

About Your Procedure

Urethral cystoscopy

This handout explains a urethral cystoscopy. This procedure is done to diagnose problems in the bladder and urethra.

You are scheduled for a cystoscopy at the Men's Health Center, on the 3rd floor of UW Medical Center-Roosevelt II at 4245 Roosevelt Way N.E., Seattle, WA 98105.

Your appointment is on:

_____, _____ at _____
DAY DATE TIME

What is a cystoscopy?

A *cystoscopy* is a procedure that lets your doctor see inside your bladder and *urethra* (the tube that carries urine out of the bladder when you urinate). This procedure uses a *cystoscope*, a special tube with a small camera at the end. Most men feel very little discomfort during the procedure.

What to Expect

- Your nurse will clean your skin with betadine antiseptic to reduce the risk of infection.
- Your nurse will then apply an *anesthetic* jelly to the inside of your urethra. This will numb the area. You do not need to have any injections (shots).
- Your doctor will then insert the cystoscope through your urethra and into your bladder.
- The entire exam usually takes less than 10 minutes.



The Men's Health Center is at 4245 Roosevelt Way N.E., on the 3rd floor.

How do I prepare?

You do not need to do anything special to prepare for this procedure. You may eat and take your medicines as usual.

After Your Cystoscopy

- The cystoscope can irritate your urethra. For 24 to 48 hours after your cystoscopy, you may:
 - Feel burning when you urinate
 - Have some blood in your urine

A warm bath can help relieve this irritation. It will also wash off any antiseptic that may be left from the procedure.

- Most men can resume their normal activities right away. Please ask your doctor if you have any questions.

Risks

There is a small risk of an infection after a cystoscopy. Be sure to drink 4 to 6 glasses of water each day for 2 to 3 days after your cystoscopy to help avoid infection.

After 48 hours, call your doctor if you have:

- New symptoms of burning when you urinate
- A need to urinate more often
- Blood in your urine
- Chills or fever
- Pain

Costs and Insurance

A cystoscopy can be costly. Please check with your health insurance company before your procedure to see if you need to get a referral for the cystoscopy from your primary care provider. Men's Health Center staff will **not** contact your insurance for you.

Your insurance company may ask for the CPT code. The CPT code for this type of cystoscopy is 52000.

Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Men's Health Center:
206-598-6358