









# Advanced Heart Failure (HF) CareMap

Please note that your care plan may be different.

	Admission to Hospital	ICU Stay	Acute Unit Stay	Discharge Day
<b>Care Milestones</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Admitted to Cardiothoracic Intensive Care Unit (CTICU) or acute unit, such as 5-Northeast</li> <li><input type="checkbox"/> Advance Heart Failure (HF) Medical Team provides your care</li> <li><input type="checkbox"/> Visit with Surgical Care Team, if needed</li> <li><input type="checkbox"/> Peripherally inserted central catheter (PICC) line placed, if needed</li> <li><input type="checkbox"/> Intravenous (IV) therapy started for HF medicines and fluids</li> <li><input type="checkbox"/> Begin HF workup labs and tests</li> <li><input type="checkbox"/> No eating or drinking by mouth</li> <li><input type="checkbox"/> Weigh daily</li> <li><input type="checkbox"/> Cardiac activity and vital signs monitored </li> <li><input type="checkbox"/> Out of bed, if able</li> <li><input type="checkbox"/> Assisted bath or shower, if able  </li> <li><input type="checkbox"/> Participate in HF education with:               <ul style="list-style-type: none"> <li><input type="checkbox"/> Nurses</li> <li><input type="checkbox"/> Pharmacists</li> <li><input type="checkbox"/> HF Care Team</li> </ul> </li> </ul> <p><b>Goals:</b> <i>Understand and restate:</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> HF diagnostic tests and workup procedures</li> <li><input type="checkbox"/> Plan of care for day</li> <li><input type="checkbox"/> Goal discharge date</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Transfer to 5-Northeast (5NE) unit if first admitted to CTICU</li> <li><input type="checkbox"/> HF Medical Care Team continues your care</li> <li><input type="checkbox"/> Receive diagnosis and begin treatment plan</li> <li><input type="checkbox"/> Continue with HF medicines</li> <li><input type="checkbox"/> Begin anticoagulation (blood-thinning) plan</li> <li><input type="checkbox"/> May be able to advance diet, but with fluid restrictions</li> <li><input type="checkbox"/> Weight and vital signs monitored</li> <li><input type="checkbox"/> HF Care Team visits:               <ul style="list-style-type: none"> <li><input type="checkbox"/> Exercise with Physical Therapist (PT)</li> <li><input type="checkbox"/> Teaching with HF Transitions Nurse</li> <li><input type="checkbox"/> Counseling with Dietitian</li> <li><input type="checkbox"/> Talk with Social Worker about discharge plan</li> <li><input type="checkbox"/> Continue HF education</li> <li><input type="checkbox"/> Receive education packet from 5NE nurse</li> </ul> </li> <li><input type="checkbox"/> Out of bed to chair </li> <li><input type="checkbox"/> Walk, if able </li> </ul> <p><b>Goals:</b> <i>Understand and restate:</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> HF symptoms improve</li> <li><input type="checkbox"/> How treatment is progressing</li> <li><input type="checkbox"/> Daily care goals and follow-up plan</li> <li><input type="checkbox"/> What medicines you are taking and what they do</li> <li><input type="checkbox"/> Goal discharge date</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> See Cardiothoracic Surgeon from Mechanical Circulatory Support (MCS) Team, if needed</li> <li><input type="checkbox"/> HF Medical Care Team continues your care</li> <li><input type="checkbox"/> Receive a Palliative Care Screen, if needed</li> <li><input type="checkbox"/> Continue anticoagulation plan</li> <li><input type="checkbox"/> Advance diet as able</li> <li><input type="checkbox"/> Monitor weight and vital signs</li> <li><input type="checkbox"/> Continue PT exercises and walk, as able </li> </ul> <p><b>Goals:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Track and participate in daily monitoring of weight and vital signs</li> <li><input type="checkbox"/> Discharge plan confirmed</li> <li><input type="checkbox"/> Follow-up visits scheduled</li> </ul> <p><i>Patient and caregivers understand and restate:</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> HF treatment and follow-up plans</li> <li><input type="checkbox"/> Changes in HF treatments during your hospital stay</li> <li><input type="checkbox"/> HF medicines and what they do</li> <li><input type="checkbox"/> Goal discharge date</li> <li><input type="checkbox"/> Schedule of follow-up visits</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Visit with HF Care Team</li> <li><input type="checkbox"/> PICC or IV lines removed</li> <li><input type="checkbox"/> Receive education on HF medicines from pharmacist</li> <li><input type="checkbox"/> Eating meals </li> <li><input type="checkbox"/> Receive final written discharge instructions:               <ul style="list-style-type: none"> <li><input type="checkbox"/> Activity</li> <li><input type="checkbox"/> Diet</li> <li><input type="checkbox"/> Review medicines with pharmacist</li> <li><input type="checkbox"/> Follow-up, including provider visits</li> <li><input type="checkbox"/> Blood pressure (BP) and weight monitoring</li> <li><input type="checkbox"/> Know who and when to call in an emergency</li> </ul> </li> <li><input type="checkbox"/> Discharge </li> <li><input type="checkbox"/> Pick up new discharge medicines from UWMC Pharmacy</li> </ul>