

## After Your Manometry of the Rectum

### *Self-care and warning signs*

*This handout gives instructions to follow after having a manometry of the rectum.*

### Self-care

- You may resume your normal activities and eat as usual right after your procedure.
- It is normal to have a small amount of pink mucus in your next bowel movement.

### When to Call

It is rare to have problems after having this procedure. But, call one of the numbers below **right away** if you have:

- Fever of 100.5°F (38°C) or higher
- Unusual bleeding from your rectum
- Unusual pain in your abdomen
- Chills, vomiting, or other unusual symptoms

### Who to Call

- On clinic days from 7 a.m. to 5 p.m., call the Center for Esophageal and Gastric Surgery Lab, 206.598.7350.
- After hours and on weekends and holidays, call 206.598.6190 and ask for the Gastroenterology team member on call to be paged.



*Call one of the numbers under “Who to Call” if you have any of the symptoms listed in this handout.*

### Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Center for Esophageal and Gastric Surgery  
Lab: 206.598.7350