



After Your Baclofen Trial

Follow-up and self-care

This handout gives instructions to follow after taking part in the baclofen trial. Please call the Center for Pain Relief if you have any questions.

Your procedure today was done by Dr. _____.

After your response to the trial is evaluated by your doctor, the Center for Pain Relief or the Rehab Department will call you with your results.

Side Effects

After having a baclofen injection, you are likely to:

- Have some soreness at the injection site
- Have increased weakness
- Feel sleepy

Activities

For 24 hours after your baclofen injection, do **not**:

- Drive
- Use machinery

You may resume your regular exercise and other activities as you feel able. If you have any weakness caused by the injection, limit your activity until your strength returns to normal.

Medicines

- You can resume taking antispasmodic medicines such as baclofen or tizanidine 12 hours after the trial.
- If you stopped taking any blood-thinning medicines such as warfarin (Coumadin) or clopidogrel (Plavix), you may resume these the day after your baclofen injection, unless the doctor who prescribed your medicines has told you otherwise.

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Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help.

Phone help is available 24 hours a day, 7 days a week. Call 206-598-4282.

Site Care

- You may remove the bandage after 4 hours.
- You may shower today.
- Do not swim, take a bath, or sit in a hot tub for 24 hours after your baclofen injection.

When to Call the Doctor

Call the Center for Pain Relief or go to the Emergency Department if you have any of these symptoms in the 7 days after your baclofen injection:

- Fever higher than 100°F (37.8°C)
- Increasing back pain
- New numbness or weakness in your legs
- Any unusual sleepiness
- Signs of infection at the injection site:
 - Swelling
 - Bleeding
 - Redness
 - Increased tenderness
- Headache that is not relieved by acetaminophen (Tylenol)

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