

## Questions?

Your questions are important. Call the Digestive Disease Center if you have questions or concerns.

Weekdays from 8 a.m. to 5 p.m., call the Digestive Disease Center at 206-598-4377.

After hours and on weekends and holidays, call 206-598-6190 and ask for the Gastroenterologist on call to be paged.

## When to Call the Clinic

Call **right away** if:

- You have pain in your abdomen, chest, or shoulder that does not go away.
- You are vomiting red blood.
- Your stool is black.
- You have a fever above 100°F (37.8°C).
- It is hard to swallow.



**BÂRRX**  
*After your procedure*

**This handout gives instructions to follow after treatment of your Barrett's esophagus.**

UNIVERSITY OF WASHINGTON  
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### **After Your Procedure**

After your BARRX procedure, you may have some of these symptoms:

- Sore throat
- Nausea
- Pain
- Difficulty swallowing
- Low-grade fever (below 100°F or 37.8°C) or chills

These symptoms will lessen each day. The doctor might prescribe medicines to help with your discomfort. Take these if you need them:

- **Oxycodone (liquid)** – for pain. Use every 4 hours as needed.
- **Maalox-Lidocaine mixture** – to numb the sore area in your esophagus. Take 1 to 2 teaspoons before you eat or drink anything.
- **Compazine or Phenergan** – a suppository for nausea. Put 1 in your rectum 2 times a day.

### **On the Day of Your Procedure**

- For your safety and the safety of others, do not drive today. It is against the law.
- Drink only liquids (no alcohol). Do **not** eat solid food.

### **For 1 Week After Your Procedure**

- Eat soft foods. Avoid crackers, toast, and other crunchy foods.
- Do **not** take pain or arthritis medicines such as aspirin, Advil, ibuprofen, Motrin, Aleve, or Naprosyn. You can take acetaminophen (Tylenol).

### **Until Your Next EGD**

In about 3 months, you will need a follow-up EGD (*esophagogastroduodenoscopy*). Until then:

- Take \_\_\_\_\_, your stomach medicine, 2 times a day.