



Baclofen Trial

Instructions for participants

As a participant in the baclofen trial, you will be asked to follow these instructions. Please call the Center for Pain Relief if you have any questions.

On the Day of Your Trial

- Do not take your morning dose of spasticity medicines such as baclofen, tizanidine (Zanaflex), diazepam (Valium), or dantrolene (Dantrium) unless you are told to do otherwise.
- Take the rest of your regular medicines as usual with a sip of water.
- Do not drink any other liquids or eat any food for 6 hours before your appointment time.
- If you are taking Coumadin or other blood thinners that have not been discussed, call the Center for Pain Relief **right away** at 206-598-4282.

What to Bring with You

- Your noon dose of your regular medicines so you can take them while you are at the center.
- A list of all medicines that you take. Include the names, doses, and the times you take them.
- Any other special supplies you may need, such as catheters or Depends.
- A bag lunch if you have special dietary needs.
- A book, magazine, or iPod for entertainment, since you will be at the center for at least 6 hours.

At the Surgery Pavilion and on 4-South

- Your caregiver is required to stay with you during your time on 4- South.
- After an interview with a nurse, you will have an *intravenous* (IV) line started. This will allow us to give you medicines you might need to reverse any side effects you may have from the baclofen.

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Questions?

Call 206-598-4282

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help.

Phone help is available 24 hours a day, 7 days a week. Call 206-598-4282.

- A physical therapist (PT) and an occupational therapist (OT) will assess your spasticity before the procedure begins.
- The doctor will administer a dose of baclofen into your spinal fluid.
- After your procedure, you will have a short recovery time. After that, you will be moved to 4-South, where you will be checked often.
- The PT or OT will come to your room and check your spasticity 3 hours after your baclofen injection.

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