

Breast Wraps

After implant surgery

This handout explains why breast wraps are used after implant surgery. It includes a short list of websites that offer breast wraps for sale.

Why do I need to wear a breast wrap?

After your breast implant surgery, your doctor may advise you to wear a breast wrap. This stretchy band helps keep your implants from moving upward while your body heals.

How do I wear it?

Wear your breast wrap around your upper chest, above your implants and under your armpits (see photo). The wrap fastens with Velcro and is easy to adjust. When you wear the wrap, it should feel tight but not painful.



When do I need to wear it?

Your doctor may advise that you wear the wrap 24 hours a day for 6 weeks. During this time, your body will build a capsule around the implants. After this capsule forms, the risk of the implant moving is much smaller.

One type of breast wrap

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Weekdays from 8 a.m. to 5 p.m., call the Center for Reconstructive Surgery at 206.598.1217, and press 8.

After hours and on weekends and holidays, call 206.598.6190 and ask for the resident on call for your surgeon to be paged.

Where do I buy a breast wrap?

You can buy breast wraps online. They usually cost about \$20 to \$30. Breast wraps are also called breast augmentation bands, bandeau bras, breast augmentation binders, or bandeau binders.

You may find these websites helpful:

- designveronique.com
- marenagroup.com
- amazon.com

(We include these websites for your ease of use. This does not mean that UWMC endorses these companies or their products.)