

# Patient Education

Digestive Disease Center



## Capsule Endoscopy

*After you swallow the capsule*

**Call us right away if you have any of these symptoms:**

- Unusual abdominal pain
- Nausea or vomiting
- A fever higher than 100°F (37.8°C)
- Do not eat. You can have sips of water.
- After \_\_\_\_\_, you can have any clear liquid (such as apple or cranberry juice, coffee or tea without cream, broth, soda pop, lemonade).
- At \_\_\_\_\_, you can have a snack (a granola bar, a small sandwich, or a few crackers with cheese).
- Check the blue blinking light on your data recorder. If the light slows down, or stops blinking, call us.
- You can do normal activities. But, do not exercise, or do other strenuous physical activities. Avoid bending over.
- If you have:
  - A sensor belt:** Do not take the belt off. It will stop the test.
  - Electrodes:** Do not take the electrodes off. The electrodes will not stick for a second time and this will stop the test.
- You cannot have an MRI until the capsule has been retrieved.
- Come back to the clinic at \_\_\_\_\_ p.m.

UW Medicine

UNIVERSITY OF WASHINGTON  
MEDICAL CENTER

Digestive Disease Center

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### Questions?

Call us at 206-598-4377 weekdays from 8 a.m. to 5 p.m. After hours and on weekends and holidays, call the Community Care Line at Harborview 206-744-2500.

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