



Wabarashada Bukaanka

Bukaan Socotada Haweenka iyo Dhallaanka



Kursiga Gaariga ee Badbaadada Carruurta

*Tilmaamaha sida badbaadada leh ee
gaariga loogu xiro kuraasta carruurta*

Tilmaamaha soo socda ayaa kaa saacida qaabka kuraasta carruurta loogu xiro gaariga.

Waxaannu kuugu dhiirigelinaynaa in aad si taxaddir leh u akhrisid tilmaamaha ku yaal buugga kursiga gaariga.



- Xagga-Dambe in uu u sii jeedo illaa uu canuggaaga 1 jir ka gaaro iyo 20 bawnd.
- Bartamaha kursiga dambe ayaa ah halka ugu badbaadada badan.
- Marna ha ku xirin kursiga carruurta ka soo horjeedka buufinka dabeysha ay ku jidho (halka hore ee gaariga).
- Waxaad ku xidhaa xagal darajadeedu 45 yahay (halka sare eed). Eeg buugga kursiga gaariga.
- Gacan qabadku waa in uu hoos u jeedaa marka la safrayo.
- Kursiga gaariga ma aha in uu xag walba uga dhaqaaqaa khadka suunka in ka badan.
- Waa halis in la isticmaalaa alaabada ay ka midka yihiin waxyaabaha dufta leh, barshinta madaxa, alaabada lagu ciyaaro ee kuraasta lagu dhejiyo, iyo suumanka aysan shirkadda ku soo sameynin.

Tilmaamaha aad Canugga Sida Saxda ah ugu Fadhiisinayso Kursiga

Qabsadaha waa in uu la sinnaada kilkisha “goobta laga xantoodo.”

Suunka si sax ah u xidh, adigoon wareejin.



Suunka ka xidh meel la siman garbaha amaba ka hooseysa.

Lafta qoorta waa in uu aayar u galaa – waa in ay hal far dhex geli kartaa xirmada.



Tawallada duuban waa in halka hoose laga geliyaa si uusan canugga u dhaqaaqin, waa haddii loo baahdo.

Tawallo la duubay waa in geesaha laga geliyaa si ay madaxa u taageeraan, waa haddii loo baahdo.



Busto kor saar canugga kaddib marka aad canugga kursiga ku xidho. Ha ku daboolin canugga bustada ama gogol weyn inta aadan canugga gaariga ku xidhin. Marna ha gelinin waxyaabo dheeraad ah xagge dambe ama canugga hoostiisa.

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UW Medicine

Maternity and Infant Care Clinic
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Su'aalo?

Su'aalahaadu waa muhiim. Waxaad wacdaa takhtarkaaga haddii aad su'aalo ama wax dareen ah aad qabtid.

Bukaan Socotada Haweenka iyo Dhallaanka: 206-598-4070



Car Seat Safety

Tips about how to install your car seat for safe travel

Here are some basic tips to help you to install your car seat properly.

We encourage you to carefully read your car seat instruction booklet.



- Rear-facing until your baby is 1 year old and 20 pounds.
- Center of back seat is safest position.
- Never place car seat in front of an air bag.
- Install at a 45-degree angle (see above). Check car seat manual.
- Handle should be down and locked when traveling.
- Car seat should move no more than 1 inch in either direction at belt path.
- It is unsafe to use products such as fleece inserts, headrests, attachable toys, and belt tighteners that were not installed by the manufacturer.
- Call 800-BUCK-L-UP (800-282-5587) for the most up-to-date information about car seats. Their Web site is www.800bucklup.org.

Tips for Placing Your Baby in the Car Seat Correctly

Retainer clip at armpit level or "tickle zone."

Harness straps locked and threaded correctly, without twisting.



Harness straps at or below baby's shoulders.

Snug fit at collarbone – one finger should fit under strap.



Rolled towel placed between lower harness and crotch area to keep baby from slipping, if needed.

Rolled towels placed along sides to support head, if needed.



Blanket placed over baby after strapping baby into car seat. Do not wrap baby in a blanket or bulky garment before strapping into seat. Never use extra padding behind or under baby.

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Questions?

Your questions are important. Call 800-BUCK-L-UP (800-282-5587) with any questions about car seats.