

## **Clomid**

## Instructions and follow-up

This handout gives instructions to follow when taking Clomid. It includes information about follow-up labs and visits with your doctor.

#### **How to Take Clomid**

- Clomid comes in 50 mg tablets. Your dose is 25 mg, so you will need to cut the tablets in half.
- Take 25 mg Clomid (½ tablet) every other day, or as prescribed by your doctor.

# **Follow-up Labs and Doctor Visits**

- After taking Clomid for 1 month, you will need to have your hormone levels checked:
  - We will provide a lab form for you to take with you to your local lab or the UWMC lab. You should not need to make an appointment.
  - Have your hormone labs drawn in the morning before 10 a.m.
- After taking Clomid for 3 months, you will have a semen analysis done:
  - We will schedule this visit for you at the Male Fertility Lab at UWMC.
  - If you do not have this visit scheduled, call 206-543-4671 to set up your appointment.



The Men's Health Center is at 4245 Roosevelt Way N.E., on the 3rd floor.

• Your doctor will want to see you 1 to 2 weeks after your semen analysis visit. At this follow-up visit, your doctor will talk with you about the results of your tests and explain your treatment options.

### **Questions?**

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Men's Health Center: 206-598-6358

For questions or concerns about taking Clomid, call the nurse at 206-598-8517.