



病人教材

肠胃科



结肠镜检查

检查后的注意事项

在 7 天内您如有下列症状请即刻与我们联系：

- 不寻常的胃痛、或肩痛。
- 便血或黑粪。
- 体温高于华氏 100 度。

您的医生是：

出院指示

饮食及服药可回复正常。

为了您及他人的安全起见：

- 今天请勿驾车。这是违法的。
- 今天不要喝酒。

结果

- 检查正常。_____ 年后再重做结肠镜。
- 您的医生取出了一个或多个活检（小的组织样品）。1-2 周后您会收到病理科的报告。
- 取出了_____ 个息肉。1-2 周后您会收到病理科的报告、及医生建议您何时做下一次肠镜检查。
- 7 天内请勿服用阿司匹林、稀释血液的药或有稀释血液作用的关节炎止痛药（如 Advil、Ibuprofen、Motrin、Aleve、Naprosyn、等等）。您可服用 Tylenol。

您有疑问吗？

周间上午 8 至下午 5 请电 206-598-4377。其他时间请电传呼接线生 206-598-6190, 要求与肠胃科当值医生联系。

UNIVERSITY OF WASHINGTON
MEDICAL CENTER
 UW Medicine

Digestive Disease Center
 Box 356160
 1959 N.E. Pacific St. Seattle, WA 98195
 206-598-4377

Patient Education

Digestive Disease Center



Colonoscopy

After your test

Call us right away if you have any of these problems in the next 7 days:

- Unusual stomach pain or shoulder pain.
- Blood in your stool or black stool.
- A fever above 100°F.

Your doctor was:

Instructions

You can resume your usual diet and medicines.

For your safety and the safety of others:

- Do not drive today. It is against the law.
- Do not drink alcohol today.

Results

- Normal exam. Repeat colonoscopy in _____ years.
- One or more biopsies (small samples of tissue) were taken. In about 2 weeks, you will receive a letter with the pathology results.
- _____ polyps were removed. In about 2 weeks, you will receive a letter with the pathology results and a recommendation for when to schedule your next colonoscopy.
- During the next 7 days, do not take aspirin, or pain or arthritis medicines that thin your blood (such as Advil, ibuprofen, Motrin, Aleve, and Naprosyn). You can take Tylenol.

- _____

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Questions?

Call us at 206-598-4377 weekdays between 8 a.m. and 5 p.m. At all other times, call the paging operator at 206-598-6190 and ask to speak to the gastroenterologist on call.