Patient Education

Patient Care Services



Cover Your Cough Kit

if you have any of these symptoms:

- Fever
- Cough
- Sneezing
- Runny nose
- Watery eyes
- Headache with cold symptoms

Be sure to:

- Wear a mask if coughing or sneezing, or cover your cough or sneeze with a tissue or your sleeve.
- Clean your hands after you cover coughs or sneezes. Use hand gel, soap and water, or an antiseptic towelette.
- Throw away used tissues and masks.

University of Washington

MEDICAL CENTER

UW Medicine

We kindly ask visitors with the flu, a cold, or respiratory illness to visit when well.

To learn more, ask a staff member.

a passion for life

© University of Washington Medical Center 01/2008 Reprints: Health Online

Patient Education

Patient Care Services



Ask for a

Cover Your Cough Kit

if you have any of these symptoms:

- Fever
- Cough
- Sneezing
- Runny nose
- Watery eyes
- Headache with cold symptoms

Be sure to:

- Wear a mask if coughing or sneezing, or cover your cough or sneeze with a tissue or your sleeve.
- Clean your hands after you cover coughs or sneezes. Use hand gel, soap and water, or an antiseptic towelette.
- Throw away used tissues and masks.

University of Washington MEDICAL CENTER UW Medicine

a passion for life

We kindly ask visitors with the flu, a cold, or respiratory illness to visit when well.

To learn more, ask a staff member.