



病人教材

肠胃科



上消化系统内窥镜 镜检查

检查后的注意事项

在 7 天内您如有下列症状请立即与我们联系：

- 不寻常的腹痛、胸痛或肩痛
- 吐血
- 黑便
- 持续地恶心或呕吐
- 体温高于华氏 100 度（摄氏 37.8 度）
- 吞咽困难

您的医生是：

- 回复正常饮食及服药
- 为了您自己及他人的安全起见：
 - 今天请勿驾车，这是违法的。
 - 今天不要喝酒。

您检查的结果

- 检查的结果是正常。
- 作了活检(取出小块组织样本)。2 周后会将结果寄给您。
- 取出了_____个息肉 2 周后会将结果寄给您。
- 取出一囊肿（液体集留）做活检。
- 出血的部位或可能出血的部位已给予治疗。
- 为您做了括约肌切开术（胆管或胰脏管括约肌切开）
- 7 天内请勿服用止痛药如阿司匹林 Aspirin、或稀释血液的药如：布洛芬 ibuprofen（Advil、Motrin）或萘普生 naproxen（Aleve、Naprosyn）。您可服用泰诺 acetaminophen（Tylenol）。
- 在_____周/月/年再重复做（_____）检查。
- _____

您有疑问吗？

周间上午 8 点至下午 5 点请电 206-598-4377。下班后及周末假日请电海景医院社区保健专线 206-744-2500。

UW Medicine

UNIVERSITY OF WASHINGTON
MEDICAL CENTER

Digestive Disease Center

Box 356160

1959 N.E. Pacific St. Seattle, WA 98195

206-598-4377

Patient Education

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Instructions for after your test

Call us right away if you have any of these symptoms in the next 7 days:

- Unusual abdominal pain, chest pain or shoulder pain
- Vomiting red blood
- Having black stool
- Ongoing nausea or vomiting
- A fever higher than 100°F (37.8°C)
- Difficulty swallowing

Your doctor was:

- You can resume your usual diet and medicines.
- **For your safety and the safety of others:**
 - Do not drive today. It is against the law.
 - Do not drink alcohol today.

Your Test Results

- The results of your exam were normal.
- Biopsies* (tissue samples) were taken. Results will be sent to you in about 2 weeks.
- _____ *polyps* were removed. Results will be sent to you in about 2 weeks.
- A *cyst* (collection of fluid) was sampled.
- An area of bleeding or potential bleeding was treated.
- You have had a *sphincterotomy* (an incision into the bile duct or pancreatic duct sphincter).
- For the next 7 days, do **not** take pain medicines such as aspirin or blood-thinning medicines such as ibuprofen (Advil, Motrin) or naproxen (Aleve, Naprosyn). It is OK to take acetaminophen (Tylenol).
- Repeat this test (_____) in _____ weeks/months/years.
- _____

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Questions?

Call us at 206-598-4377 weekdays from 8 a.m. to 5 p.m. After hours and on holidays and weekends, call the Community Care Line at Harborview Medical Center, 206-744-2500.

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