



## 病人教材

肠胃科中心



# 胃镜检查须知

## 食道胃十二指肠镜或上内窥镜检查

### 方向：

- 停车：顺着急诊室的指标进入医院。
- 在分叉路口保持左边行线，即进入外科中心大楼停车场。
- 乘电梯到三楼。
- 出电梯后向右转即达肠胃科中心。

肠胃科中心位于外科大楼的三楼，您来检查的时间是：

\_\_\_\_\_ 在 \_\_\_\_\_。

### 请您按照下列的步骤作准备：

- 检查前一天的午夜后勿再进食。
- 检查当天起身后即刻将您早上需服的药以一杯水服下。
- 检查前三小时您可饮透析的饮料（苹果汁、小红梅汁、无奶的黑咖啡或茶、清汤或汽水。）三小时后则不可再饮任何饮料。
- 携带您常规服用药的药名单。
- 您不可自行驾车回家，必须安排他人载您回家。如无成年人能负责带您回家，即会取消您的检查。在您出院前负责带您回家的人就必须到医院。检查需一个半小时到2个小时。除非有另一位负责的成年人陪伴您，否则您不可搭乘计程车或公车回家。
- 为其他病人着想，请您来医院时切勿使用香水，剃胡水或其他有强烈气味的东西。

### 特殊注意事项：

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## 疑问？

我们很重视您的问题。您如有疑问请电：

肠胃科中心：

办公时间上午 8 点至下午 5 点请电：

**206-598-4377**

其他时间：请电

**206-598-6190** 请接线生  
转接肠胃科值班医生。

## 检查过程

您已安排来做胃镜检查。此检查可让您的医生看到食道、胃脏及十二指肠的内膜，医生使用如小指一般粗细的软管由口腔查入胃及小肠。这种检查不会妨碍您的呼吸。

我们将由静脉为您注射镇定剂。大多数的病人在检查的过程中会入睡。必要时您的医生会取样本做活检、将窄狭处扩大或止血。

检查只需 15 分钟。因为准备及恢复需要时间，您在医院会停留一个半小时至两小时。当您苏醒后医生会告诉您结果。如结果不能即时告之，医生会告诉您何时将与您联络。

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**Digestive Disease Center**

Box 356160

1959 N.E. Pacific St. Seattle, WA 98195

206-598-4377

# Patient Education

Digestive Disease Center



# EGD Preparation

*Esophagogastroduodenoscopy or  
upper endoscopy*

## Directions:

- To park, follow the signs for the Emergency Room.
- At the fork, stay on your left to enter the Surgery Pavilion Parking Garage.
- Take the elevator to the third floor.
- Turn right to the Digestive Disease Center.

Your appointment at the Digestive Disease Center, on the third floor of the Surgery Pavilion, is on:

\_\_\_\_\_ at \_\_\_\_\_.

## To prepare for your exam, please follow these instructions:

- Do not eat anything after midnight.
- As soon as you get up, take all your a.m. medicines with one cup of water.
- You may have clear liquids (apple or cranberry juice, coffee or tea without cream, broth, soda pop) until 3 hours before your appointment. After this time, do not drink anything.
- Bring a list of all medicines you take.
- Arrange for someone to take you home. You cannot drive yourself home. Your test may be cancelled if you arrive without a responsible adult to drive you home. Your ride must be ready, at the time of your discharge, about 1½ to 2 hours after your appointment time. You cannot take a taxi or a bus, unless you have a responsible adult to ride with you.
- As a courtesy to others, we request that you do not wear perfume, aftershave, or other strong odors during your visit.

## Special instructions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Over →

## Questions?

Your questions are important. Please call if you have questions or concerns.

### **Digestive Disease Center**

**206-598-4377**

Weekdays between  
8:00 a.m. and 5:00 p.m.

At any other time, call the paging operator at 206-598-6190 and ask for the gastroenterologist on call.

## What to Expect

You are scheduled for an EGD. This test allows your doctor to look at the lining of your swallowing tube (esophagus), stomach and the first part of your small intestine. The doctor will use a flexible tube, about the size of your little finger, which is placed through your mouth and into the stomach and small intestine. The test does not get in the way of your breathing.

You will receive a sedative through your vein. Most patients fall asleep during the test. Your doctor may take biopsies, dilate narrowed areas, or stop bleeding.

The test will only take about 15 minutes. However, your appointment will last 1½ to 2 hours, because of preparation and recovery. When you wake up after the test, your doctor will discuss the results with you. If results are not ready right after the test, the doctor will tell you when you can expect to be contacted.

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