

Endoscopic Ultrasound (EUS)

How to prepare and what to expect

Your EUS procedure is scheduled for _____, _____, at _____
DAY DATE TIME

How to Prepare

7 Days Before	5 Days Before	On Procedure Day
Date:	Date:	Date:
<ul style="list-style-type: none"> • If you take blood-thinning medicines such as Coumadin (warfarin) or Plavix (clopidogrel): <ul style="list-style-type: none"> - Call the doctor who prescribed these medicines. - Tell the doctor that you are having an endoscopic ultrasound (EUS), and the date of your procedure. - Ask for special instructions for your blood-thinning medicines. • Cancellations: If you need to cancel or reschedule your procedure, please call 206._____. • Transportation: You must arrange for a responsible adult to take you home after your procedure. <ul style="list-style-type: none"> - You cannot drive on the day of your EUS. You cannot take a taxi or bus unless you have a responsible adult to ride with you. - Your test may be cancelled if you arrive at the hospital without a responsible adult to drive you home. - Your driver must be in our waiting room at the time of your discharge, about 2 hours after your appointment time. 	<ul style="list-style-type: none"> • If you have diabetes: <ul style="list-style-type: none"> - Call the provider who manages your diabetes medicines. - Tell the provider that you are having an endoscopic ultrasound (EUS), and the date of your procedure. - Ask for special instructions for your diabetes medicines. 	<ul style="list-style-type: none"> • Do not eat anything after midnight the night before your procedure. • As soon as you get up in the morning, take your morning medicines with water. • Until 2 hours before your procedure, you can drink clear fluids (fluids you can see through). These include juice (apple, grape, or cranberry), broth, black coffee, tea without milk, sports drinks, soda, or Jell-O (green or yellow only). • Leave valuables at home, or keep them safe with your driver or escort <p>What to bring to your appointment:</p> <ul style="list-style-type: none"> • Your driver or escort • A list of all medicines you currently take • Results of other tests (CT scans or X-rays) • Photo ID, insurance care, and co-pay, if needed <p>At the hospital:</p> <p>You will need to remove all jewelry and piercings before the procedure. If possible, leave these at home.</p>

Locations and Parking

Maps and parking rates are included with this handout.

Harborview Medical Center

GI Endoscopy Suite
Maleng Building, 8th Floor
410 Ninth Ave., Seattle, WA 98104
206.744.3519

Parking 24 hours a day, 7 days a week in the Ninth and Jefferson Garage (P2) off James and Terry.

University of Washington Medical Center

Digestive Health Center
Surgery Pavilion, 3rd Floor
1959 N.E. Pacific St., Seattle, WA 98195
206.598.4377

From N.E. Pacific St., follow the signs to the Emergency Room. At the stop sign, enter the Surgery Pavilion Parking Garage on the left. After parking in the garage, take the elevator to the 3rd floor. Turn right into the Digestive Health Center.

Questions?

Your questions are important. Please call if you have questions or concerns. Weekdays between 8 a.m. and 5 p.m., call the clinic where your EUS is scheduled. After hours and on weekends and holidays, call the Community Care Line at Harborview, 206.744.2500.

What is an endoscopic ultrasound?

Ultrasound is a scan that uses sound waves to create pictures of the inside of your body. In an endoscopic ultrasound, a special tool called an *endoscope* is used to help the doctor place the ultrasound probe as close as possible to the area being scanned.

An *endoscope* is a flexible tube about the width of a little finger. This tube is placed into your mouth and moved down into your esophagus, stomach, and small intestine. The tube will not get in the way of your breathing.

What to Expect

- You will receive a sedative (relaxation medicine) to help you relax. This medicine will be given to you through a small tube called an *intravenous* (IV) line placed into one of your veins.
- Most people fall asleep. But, if you do not fall asleep and are feeling some discomfort, we will do our best to help you be comfortable.
- Your doctor may take small tissue samples called *biopsies*. You will not feel this because there are no nerve endings in that layer of tissue.
- This test will take only about 1 hour, but you will be in the hospital longer than that, to allow time for you to prepare for your EUS and recover afterward.

How do I get the test results?

When you wake up after the procedure, your doctor will talk with you about the results. If a biopsy was taken, or your results are not ready right after the EUS, we will tell you when you can expect to receive them.