

Patient Education

Digestive Disease Center



Endoscopy

Instructions for after your exam (lower)

Call us right away if you have any of these symptoms in the next 7 days:

- Unusual abdominal pain, chest pain, or shoulder pain
- Blood in your stool or black stool
- A fever higher than 100°F (37.8°C)

Your doctor was:

- You can resume your usual diet and medicines.
- **For your safety and the safety of others:**
 - Do not drive today. It is against the law.
 - Do not drink alcohol today.

Your Test Results

- The results of your exam were normal.
- Biopsies* (tissue samples) were taken. Results will be sent to you in about 2 weeks.
- _____ *polyps* were removed. Results will be sent to you in about 2 weeks.
- A *cyst* (collection of fluid) was sampled.
- An area of bleeding or potential bleeding was treated.
- For the next 7 days, do **not** take pain medicines such as aspirin or blood-thinning medicines such as ibuprofen (Advil, Motrin) or naproxen (Aleve, Naprosyn). It is OK to take acetaminophen (Tylenol).
- Repeat this exam (_____) in _____ weeks/months/years.
- _____

Questions?

Call us at 206-598-4377 weekdays from 8 a.m. to 5 p.m. After hours and on holidays and weekends, call the Community Care Line at Harborview Medical Center, 206-744-2500.

UW Medicine
UNIVERSITY OF WASHINGTON
MEDICAL CENTER

Digestive Disease Center

Box 356160

1959 N.E. Pacific St. Seattle, WA 98195

206-598-4377

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