Fluid and Urine Diary

- Write down all the fluids that you drink and the urine you void or catheterize out for 2 days.
- Use the urine hat or urinal that you were given for measuring urine.
- Fill in this diary every time you drink fluids, urinate, catheterize, or empty your leg bag.
- Bring this diary with you to your next clinic visit and give it to your health care provider.

Date/Time	Fluid Intake (oz or ml)	Urine Passed (ml)

Date/Time	Fluid Intake (oz or ml)	Urine Passed (ml)

Questions?

Call your health care provider at University of Washington Medical Center (UWMC) or Harborview Medical Center (HMC) if you have questions or concerns.

- ❑ **UWMC Rehabilitation Clinic:** 206-598-4295
- ❑ **HMC Rehabilitation Clinic:** 206-744-2581
- ❑ **HMC Urology Clinic:** 206-744-3241

UW Medicine

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