



## Medicines

### *For heart transplant patients*

*This appendix gives information about the medicines that you are taking. Your list of medicines is unique. It will not be exactly the same as the lists for other transplant patients, including heart transplant patients. You may have more or fewer medicines on your list than other people do.*

### Prescribed Medicines

We want to make sure that your medicines are all working together to help you get well and stay well. For each medicine, we will tell you:

- What the medicine is for
- How to take it
- What side effects it may cause

If you have any questions about your medicines, or if you have problems with them, please tell us.



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The medicines in this section are in order of which ones are used the most by heart transplant patients.

### Supplements and Over-the-Counter Medicines

Check with us **BEFORE** you start taking *any* medicine that your transplant team did not prescribe!

There are many over-the-counter medicines, herbal remedies, and dietary supplements that may offer benefits to you. **But, some herbs and supplements can interact badly with your transplant medicines.** They can affect how your transplant medicines work, or they may make you ill.

Please ask the transplant team before taking any medicines that are not prescribed for you by us.

### Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Cardiology Clinic:  
Weekdays 8 a.m. to 5 p.m.,  
call 206-598-4300.

After hours and on weekends and holidays, call 206-744-2500. Say you are a heart transplant patient. A nurse will assess your problem and help you.