



## My child is receiving birth-to-3 early intervention. Should we still come to this clinic?

Yes. Our services do not replace those provided by your child's doctor, birth-to-3 program, or public health nurse. Our in-depth assessments and specialists provide you with extra information about your child. We will send our reports to your child's doctor, birth-to-3 program, and other community providers.

## How long does a visit last?

Most children are seen by 2 or more specialists. Visits usually last 2 hours for an infant and 3 to 4 hours for an older child. You will be with your child the entire time.

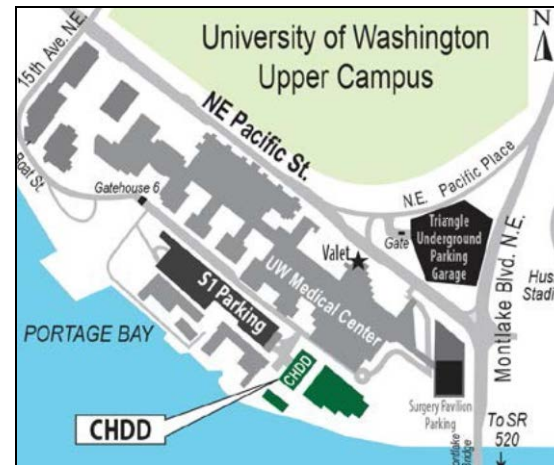
## What are the costs?

Most health insurance policies will cover your assessment visit. Costs for a visit depend on your child's age and how many specialists are involved in the visit.

Please contact your health insurance company to find out about services covered, co-pays, and if you need to get their authorization before your clinic visit.

## Where is the clinic?

The Infant Development Follow-up Clinic is in the Center on Human Development and Disability (CHDD), just south of University of Washington Medical Center.



## Questions?

To make a referral or schedule an appointment at the clinic, please call:

Patient Services Coordinator, Infant Development Follow-up Clinic:  
206.598.9348

Please request an interpreter, if needed.

UW Medicine

UNIVERSITY OF WASHINGTON  
MEDICAL CENTER



Center on Human Development and Disability

### Infant Development Follow-up Clinic

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# Infant Development Follow-up Clinic



*Every child is born with potential.  
Every child deserves the chance to  
achieve it. Our team can help.*

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## What is the Infant Development Follow-up Clinic?

For over 35 years, our team of specialists has worked with children who may be at risk for developmental problems. Our team of experts works together to assess a child's health and development, and connects families with resources if problems are found.

## What are the benefits for me and my child?

- Your child will be fully assessed at regular intervals from 4 months to age 5.
- You will be able to ask experts about child development, behavior, parenting, school readiness, learning, communication, or any other concern.
- You will receive detailed feedback, suggestions, and activities to support your child's development.
- You will collaborate with our specialists on a follow-up plan and referrals to community services as needed.



## Who does the clinic serve?

Our clinic serves children who:

- Needed care in a Neonatal Intensive Care Unit (NICU) after birth
- Were born at 32 weeks gestation or less
- Had a birth weight under 1,500 grams (3 pounds 5 ounces)
- Were exposed to drugs or unusual medicines during pregnancy
- Had medical complications and needed to stay in the hospital

## How does my child get referred to the clinic?

Most at-risk infants who were in the NICU at UWMC are automatically referred. Infants who were in other NICUs or special care nurseries may be referred by their doctor, nurse, or parent. A primary care provider or a parent may also refer an infant if they have concerns about development.

## Who will see my child?

Families often see several members of our clinic team. Your team may include:

- Developmental pediatrician
- Psychologist
- Physical therapist
- Occupational therapist
- *Audiologist* (hearing specialist)
- Nutritionist
- Nurse practitioner
- Child neurologist

## What happens at a clinic visit?

During a clinic visit, your child will:

- Be assessed for developmental skills
- Be measured for height and weight
- Have a brief physical exam

As needed, we may also give your child a hearing test or a nutrition consultation. You will be able to ask questions and share your concerns.

If needed, a language interpreter will be provided free of charge. Please tell us if you would like an interpreter when you set up your clinic visit.



### Infant Development Follow-up Clinic

High Risk Infant Follow-up Clinic | Box 357920  
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