



Welcome

To “*Your Kidney/Pancreas Transplant Guide*”

Welcome to Transplant Services at University of Washington Medical Center (UWMC). Our medical center is one of the leading multi-organ transplant centers in the United States.

We are pleased you have chosen UWMC as your transplant center. Our transplant team is looking forward to working with you and your family.

You, the transplant recipient, are a vital member of the transplant team. We depend on you to be an active partner during the entire transplant journey. We want you to learn all you can about the evaluation process, the transplant surgery, and how to take care of your new organ after transplant.

This is why we created *Your Kidney/Pancreas Transplant Guide*. It is filled with useful information to guide you through every step of the transplant process, from getting referred for transplant to your long-term



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care after a transplant. We hope this guide answers your questions about your treatment and your progress along the way. Keep your guide handy. Bring it with you to all clinic visits and when you are called in for your transplant.

UWMC believes in providing patient and family centered care. Please let us know how we can help you and your family.

About This Guide

Your Kidney/Pancreas Transplant Guide is a reference tool for you to use before, during, and after your transplant surgery. The chapters in this guide are:

- **Benefits and Risks**
- **Being Referred**
- **The Evaluation Process**
- **Tissue Matching**
- **Living Kidney Donors**
- **Deceased Donors**
- **Waiting for Transplant**
- **Coping**
- **Transplant Surgery**
- **Recovery in the Hospital**
- **Nutrition**
- **Medicines**
- **Discharge Checklist**
- **Care After Discharge**
- **Life After Transplant Surgery**
- **Transplant Renal Biopsy**
- **Resources**
- **Financial Planning**
- **Medical Terms**

Thank you again for choosing UW Medical Center. We look forward to working with you for a successful transplant.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Transplant Services:
206.598.3882