

Being Referred

For a kidney/pancreas transplant

Your doctor has referred you to University of Washington Medical Center (UWMC) for a kidney/pancreas transplant. This chapter reviews the steps you will take as you start your journey.

Your First Step

After being referred for a kidney/pancreas transplant at UWMC, your first step is to meet with the *transplant nephrologist* (a doctor who specializes in kidney transplant).

Our scheduling coordinator will call you to set up this visit. If you need to talk with the scheduling coordinator, please call 206.598.3882.

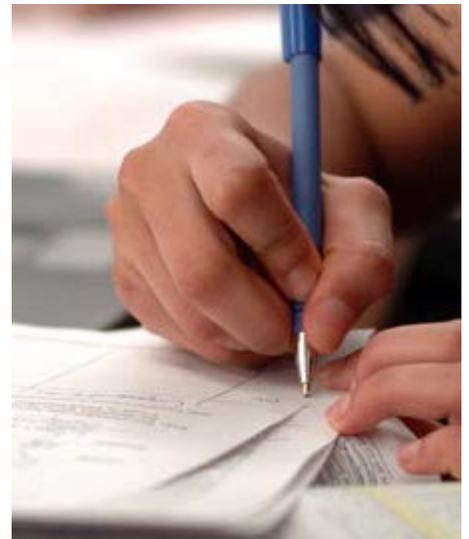
<p>My first visit is on _____ DAY _____ DATE at _____ TIME.</p>
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After you set up your visit, we will mail you a packet of information. The packet will contain:

- A cover letter, this guide, a video of our transplant class, and information about UWMC
- Forms and 2 pre-addressed, stamped envelopes
- Directions, maps, and parking information

Before Your Visit

- Review everything in the packet you received.
- Fill out and return the forms in the pre-addressed, stamped envelopes that were in the packet.
- Write down your questions to ask the transplant nephrologist.



Please review everything in the packet we send you, and fill out and return the forms.

- If you have any recent changes in your address, phone numbers, or insurance, please call us with your new information. To do this, call 206.598.4388 and press 1.

On the Day of Your Visit

- Bring your medicine list, a valid photo ID, and your insurance card(s).
- We advise you to bring a support person with you. This person can be a family member or a friend.
- **Arrive at the hospital 15 minutes before your appointment time.**

What to Expect

Your first visit with the transplant nephrologist may take up to 2 hours. Afterward, you will find out if you are a potential candidate for kidney transplant.

If you are a potential candidate, you will:

- Have some tests done (see the chapter on “The Evaluation Process”)
- Then meet with the transplant team

Your First Visit with the Transplant Team

Bring your support person with you to your first visit with the transplant team. This visit may take 4 to 6 hours. At this visit, you will:

- Meet your team members: a social worker, a surgeon, your transplant nurse coordinator, and a dietitian. You may also meet a nurse practitioner or psychiatrist.
- Learn more about transplants, what needs to happen before you can be placed on the transplant list, and what else to expect on the transplant journey.
- Review factors that will increase the success of your transplant.
- Have blood and urine tests.
- Give us a detailed medical and social history.
- Receive immunizations, if needed.

Parking in the Triangle Parking Garage

The Triangle Garage is on N.E. Pacific Place, across the street from the hospital. The garage has 500 parking stalls with 67 disability-parking stalls and 9 wheelchair-accessible parking stalls (see “Parking for Oversized Vehicles” on page 3). After you park, you will go through an underground tunnel that leads to the main entrance of the hospital.

