



Local Resource Guide

For treatment of traumatic stress

Community Mental Health Centers

Seattle: Central 206-723-1980

Community Psychiatric Clinic

Seattle 206-461-3707

North Seattle 206-461-4544

Compass Mental Health

Intake for new referrals 425-212-3900

..... Toll-free 888-349-8200

Good Samaritan

Puyallup 253-848-5571

Harborview Mental Health Center 206-744-9600

Highline West Seattle Mental Health Center 206-241-0990

Northwest Mental Health Center

Renton 425-271-3159

Seattle Mental Health (SMH)

ACCESS (Intake number of all branches) 206-324-0206

..... Toll-free 800-828-1449 or 800-782-5330

SMH – East (Client access) 425-641-2999

SMH – East (After hours) Toll-free 877-435-7055

Developmental Disabilities (After hours) .. Toll-free 877-435- 7056

Valley Cities (Access number for all branches) 253-939-4055

Questions?

Call 206-598-4370

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help at any time.

Social Work and Care Coordination:
206-598-4370

King County Mental Health, Chemical Abuse, and Dependency Services Division

Phone.....206-296-5213
TDD.....206-205-0569

Crisis Clinic

Phone.....206-461-3222
TTY.....206-461-3219

Web Sites of Interest

King County Department of Community and Human Services – Provider list

www.metrokc.gov/health.htm

American Academy of Experts in Traumatic Stress

www.aaets.org

American Psychological Association, Help Center

<http://helping.apa.org>

Center for Mental Health Services

www.mentalhealth.org

National Institute of Mental Health – Literature on violence

www.nimh.nih.gov/publicat/violence.cfm

Trauma Center of Boston

www.traumacenter.org/handouts.html

Trauma Information by David Baldwin

www.trauma-pages.com

University of South Dakota, Disaster Mental Health Institute

www.usd.edu/dmhi/publications.cfm

UNIVERSITY OF WASHINGTON
MEDICAL CENTER
UW Medicine

Social Work and Care Coordination

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