Mechanical Circulatory Support (MCS) Ventricular Assist Device (VAD) CareMap

Please note that your care plan may be different.

Activities Be	fore Surgery	3 Days Before	2 Days Before	1 Day Before	Day 0: Surgery	Day 1: ICU	Day 2: ICU
Talk with care team about implant surgery and device Receive consent forms to study and understand before next visit Receive education materials Screening for Physical Therapy (PT), Occupational Therapy (OT), and Social Work – referrals if needed	□ Confirm that you have read and understood consent forms, ask questions, sign forms □ Confirm that you understand what family and caregivers will need to do during your hospital stay and after surgery □ Understand teaching so far □ Confirm the basics of how VAD implant works □ Talk about pain control plan □ Go to Pre-Anesthesia Clinic □ Consultation □ Sign Forms □ Sign Forms	Stop taking certain medicines before surgery, as instructed	Admitted to hospital	Swan catheter and balloon pump placed in Cardiac Catheterization Lab Transfer from unit to Intensive Care Unit (ICU) No eating or drinking after midnight	□ VAD implanted □ Foley catheter placed □ Surgeon talks with family after surgery □ Transfer from operating room to ICU □ Bed rest □ Ice chips and water Surgery □ Ice Chips	□ Ventilator removed □ Pain under control □ Begin liquid diet □ Assisted bath □ VAD training begins, with caregiver present	Swan catheter removed iquid Diet Sisted Bath Progress activities of daily living (ADLs) Follow movement guidelines from PT and OT Move short distances in the hall 3 times a day, going farther each day Moving with Help

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Day 3: ıcu	Day 4: ICU to Unit	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10: Discharge
☐ Central lines and Foley catheter removed ☐ Pain under	☐ Transfer to 5-Northeast (5NE)			☐ Family and caregiver training with PT and OT	☐ Try stairs, if needed, with PT	limb Stairs	□ Receive updated list of medicines□ Final training with PT and OT
control ······		VAD Training	Caregiver	•••••	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	·····
□ VAD training, · · · with caregiver present	Medicines	43	Training	☐ Learn how to care for wound site		☐ Watch incisions for signs of infection	☐ Receive follow- up appointment details and VAD device care materials
by mouth	So	olid Foods		☐ Talk with PT and OT about outpatient cardiac rehab needs		☐ Cleared for outing with caregiver by VAD coordinator	
☐ Out of bed to ···	Sit in Chair		• • • • • • • • • • • • • • • • • • • •		•••••	Outing with	
Begin solid foods, as able Out of bed to chair for meals and 3 times a day	A					 Outing with trained family member or caregiver 	
□ Assisted bath ·······	·····	Assisted Bath		·····	☐ Shower training with OT,	Shower	·····
□ Progress activities of daily living (ADLs)			••••	•••••	patient, and caregiver		·····
☐ Keep following • movement guidelines from PT and OT				□ PT and OT to order equipment, if needed	••••••••••	☐ Able to move safely within precautions	☐ Discharge home with family and caregiver
☐ Move short distances in the hall 3 times a day, going farther each	Moving			ii needed		Receive equipment, if ordered	Discharge to Home
day ·····		••••••	••••••	• • • • • • • • • • • • • • • • • • • •			•••••••••••••••••••••••••••••••••••••••