

## Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help at any time.

6-Southeast:  
206-598-4410

UNIVERSITY OF WASHINGTON  
**MEDICAL CENTER**  
UW Medicine

### 6-Southeast

Box 356091  
1959 N.E. Pacific St. Seattle, WA 98195  
206-598-4410

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# Our Fall Prevention Plan

*Keeping you safe on 6-Southeast*

Your safety is very important to us. One thing we do to keep you safe is to keep you from falling.

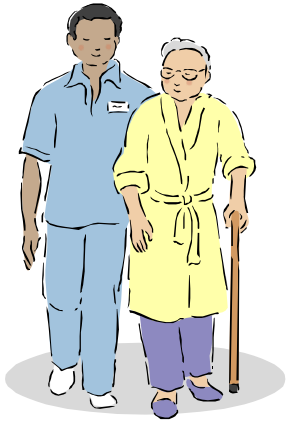


This handout explains our plan to prevent falls on the 6-Southeast unit at University of Washington Medical Center.

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*a passion for life*

**We are never too busy to help you!**



Falls do happen at the hospital, and they can complicate your healing and medical care. Based on what we have learned about what causes our patients to fall, we have adopted these practices to help keep you safe:

**We will evaluate you at least once a day for risk for falling.**

Some things that may put you at risk for falling are:

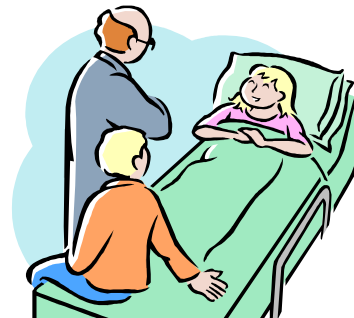
- Changes in the way you get to the toilet.
- Increased need to get to the toilet.
- Weakness.
- Recovery the first night after shoulder surgery.
- Medicines.
- Confusion.



**If staff feel that you are at increased risk of falling while at the hospital, we will:**

- Help you get to the bathroom every 2 to 3 hours during the day or when we wake you at night.
- Stay with you while you use the bathroom to make sure you don't fall.
- Put a soft mat down by your bed to keep you from being hurt if you do fall.
- Set an alarm that will ring if you get out of bed, so that staff can come assist you.

Keeping you safe is our most important job. **We are never too busy to help you!** Please use your call light when you need to use the bathroom.



**Please use your call light when you need to use the bathroom.**

