



病人教材

肠胃科中心



安置胃管

准备须知

方向：

- 停车：顺着急诊室的指标进入医院。
- 在分叉路口保持左边行线，即进入外科中心大楼停车场。
- 乘电梯到三楼。
- 出电梯后向右转即达肠胃科中心。

肠胃科中心位于外科大楼的三楼，您来检查的时间是：

日期：_____ 时间：_____

请您按照下列的步骤作准备：

做程序前 5 天：

停止服用稀释血液的药物如阿司匹林、Aleve、布洛芬、布洛芬、萘普生、Clinoril、消炎痛、或扶他林。您可能需要泰诺或对乙酰氨基酚。

做程序的当天：_____

- 检查前一晚的午夜后勿再进食。
- 检查当天起身后即刻将您早上需服的药以一杯水送服。
- 淋浴并以肥皂及水将腹部洗净。胃管将由这个部位置入。
- 在报到前 2 小时您可喝清的或透明的液体如果汁（苹果、葡萄、或小红莓）、清汤、黑咖啡、茶、柠檬水、运动饮料、汽水、或果冻。之后则不可再饮任何饮料。
- 携带您常规服用药的药名单。
- 预备在医院住一晚。请携带您所有的日常服用药物、如此在住院期间就可服用。

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您有疑问吗？

我们很重视您的提问。您如有疑问请电：

周一至周五办公时间上午 8:00-下午 5:00 请电肠胃科中心 206-598-4377。

下班后及周末假日请电海景医院社区医疗专线 206-744-2500。

特殊注意事项

安置的过程

- 我们为您安排了做胃镜并安置胃管。医生将以类似手指一般粗细的软管经口腔通达胃部。
- 为您做腹部的局麻（麻醉药）。然后在腹部开一小口、胃管就是安置在此处。
- 营养、液体及药物都可经由导管直接到胃里。
- 我们将由静脉为您注射镇定剂让您放松。大多数的病人在检查的过程中会入睡。整个的程序约 30 分钟。
- 您苏醒后、即转到南 4 楼的短期病房、在那过夜。

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Digestive Disease Center

Box 356160

1959 N.E. Pacific St. Seattle, WA 98195
206-598-4377

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PEG Tube Placement

How to prepare

Directions:

- To park, follow the signs for the Emergency Room.
- At the fork, stay on your left to enter the Surgery Pavilion Parking Garage.
- Take the elevator to the 3rd floor.
- Turn right to the Digestive Disease Center.

Your appointment at the Digestive Disease Center, on the 3rd floor of the Surgery Pavilion, is on:

_____ at _____.

Follow These Instructions to Prepare for Your Exam

5 days before your exam: _____

- Stop taking blood-thinning medicines such as Aspirin, Aleve, Ibuprofen, Motrin, Naprosyn, Clinoril, Indocin, or Voltaren. You may take Tylenol or acetaminophen.

The day of your exam: _____

- Do not eat anything after midnight.
- As soon as you get up, take all your morning medicines with 1 cup of water.
- Take a shower and wash your stomach well with soap and water. This will be the location of your PEG tube.
- You can drink clear or transparent fluids such as juice (apple, grape, or cranberry), broth, black coffee, tea, lemonade, sports drinks, soda pop, or Jell-O until 2 hours before your appointment time. After this time, do not drink anything.
- Bring a list of all medicines you take.
- Be prepared to stay 1 night at the hospital. Bring all your medicines so you can take them while you are in the hospital.

Questions?

Your questions are important. Please call if you have questions or concerns.

Weekdays between 8 a.m. and 5 p.m., call the Digestive Disease Center at 206-598-4377.

After hours and on holidays and weekends, call the Community Care Line at Harborview Medical Center at 206-744-2500.

Special Instructions

What to Expect

- You are scheduled for an upper endoscopy with PEG placement. The doctor will place a flexible tube, about the width of a finger, through your mouth and into your stomach.
- A local *anesthetic* (numbing medicine) will be given in your abdomen. Then, a small incision will be made in your abdomen, where the PEG tube is placed.
- The PEG tube allows nutrition, fluids, and medicines to be put directly into your stomach.
- You will receive a sedative through your vein to help you relax. Most patients fall asleep during the test. The procedure will take about 30 minutes.
- When you wake up, you will go to 4-South, the short-stay unit in the hospital, to spend the night.

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