



Resources for Medical Care and Health Insurance in Washington State

For people with limited incomes

Apple Health for Kids

The Apple Health for Kids program makes it easier to apply for children’s medical coverage. To find out about eligibility and how to apply:

Call..... 877-543-7669
Visit..... www.hrsa.dshs.wa.gov/applehealth

Basic Health and Washington Health

These state plans offer lower-cost health insurance based on income and family size. Pre-existing conditions or other service limitations may apply. To learn more about either program:

Call.....800-660-9840
Visit www.hca.wa.gov/reduced_cost.html

Department of Social and Health Services

For general information on state medical assistance (Medicaid):

Call..... 800-562-3022

To find the nearest Community Services Office (CSO) or to apply online:

Visit..... www.dshs.wa.gov



Many medical insurance resources in Washington state help people with limited incomes.

King County Mental Health Plan

For information on eligibility for King County mental health services and finding other low-cost mental health providers:

Call..... 206-263-9000

Visit..... www.kingcounty.gov/healthservices/MentalHealth

King County Public Health Department

For information on Public Health Department clinics:

Call206-296-4600

Visit..... www.kingcounty.gov/healthservices/health/locations

Neighborcare Health

Neighborcare Health provides low-cost medical and dental health care in the greater Seattle area. To learn more:

Call 206-461-6935

E-mail..... enrollment@neighborcare.org

To find the clinic nearest you, visit www.neighborcare.org

Office of the Washington State Insurance Commissioner

- For general questions about health insurance coverage in Washington state or to solve a problem with your insurance company:

Call..... 800-562-6900

Visit..... www.insurance.wa.gov

- **Statewide Health Insurance Benefits Advisors (SHIBA)**

The SHIBA Helpline is run by the state insurance commissioner's office. It provides free counseling on Washington state health insurance plans.

Call..... 800-562-6900

Visit..... www.insurance.wa.gov/shiba

Questions?

Your questions are important. UWMC Financial Services and Social Work and Care Coordination staff are available to help.

For questions about how to pay for your medical care at UWMC, please:

- Call Financial Services weekdays 8 a.m. to 5 p.m. at 206-598-4320
- Visit Admitting on the main level (3rd floor) of the hospital

For general information, please call:

- Social Work and Care Coordination weekdays 9 a.m. to 4:30 p.m. at 206-598-4370

Prescription Drug Program

This is a membership program for Washington residents who have limited or no prescription drug coverage. Average savings are up to 20% for brand-name drugs and 60% for generic drugs. To learn more:

Call 206-521-2027 or 800-913-4146 (toll-free)

Visit www.rx.wa.gov

Sea Mar Community Health Centers: Clínica de la Comunidad

Sea Mar provides health care and other services to low-income, underserved, and uninsured Washington residents. Their website is available in English and Spanish. To learn more:

Call 206-763-5277

For clinic locations, visit www.seamar.org

Washington State High Risk Insurance Pool (WSHIP)

WSHIP provides health insurance for state residents who are denied or do not have access to other health insurance plans.

Call 800-877-5187

Visit www.wship.org