

Patient Education

Social Work and Care Coordination



Resources for Seniors

In Washington state

This handout lists resources for social service agencies and crisis centers in Washington state. If you are from another state, similar services may be available in your community. To locate them, contact:

- Your local Senior Information and Assistance Referral Line or Crisis Line.
- Local hospitals.

You may also find resources through your local library or by searching the Internet.

Adams County

Aging and Adult Care of Central Washington

200-572-4459

www.aaccw.org

24-Hour Crisis Line (Adams County Community Services)

509-488-5611

www.co.adams.wa.us/ccs/default.aspx

Asotin County

Aging and Long-term Care of Southeast Washington

509-758-2355

www.altcWASHINGTON.com

Crisis Line

509-758-3341 (8:30 a.m. to 5:30 p.m.)

Toll-free: **888-475-5665** (after hours and weekends)

Benton County

Aging and Long-term Care of Southeast Washington

509-735-0315

www.altcWASHINGTON.com

24-Hour Crisis Line

509-783-0500

Toll-free: **800-783-0544**

Chelan County

Aging and Adult Care of Central Washington

509-886-0700; or toll-free: **800-572-4459**

www.aaccw.org

24-Hour Crisis Line

509-662-7105; or toll-free: **800-852-2923**

Clallam County

Olympic Area Agency on Aging

Port Angeles: **360-452-3221**; or toll-free: **800-801-0070**

Forks: **360-374-9496**; or toll-free: **888-571-6559**

www.o3a.org

24-Hour Crisis Line

East County: **360-452-4500**

West County: **360-374-5011**

Clark County

Southwest Washington Agency on Aging

360-694-8144; or toll-free: **888-637-6060**

www.helpingelders.org

24-Hour Crisis Line

Toll-free: **800-626-8137**

Columbia County

Aging and Long-term Care of Southeast Washington

509-382-4781

www.altcWASHINGTON.com

24-Hour Crisis Line

Toll-free: **866-382-1164**

Cowlitz County

Southwest Washington Agency on Aging

360-577-4929

www.helpingelders.org

24-Hour Crisis Line (Cowlitz County Guidance Association)

360-425-6064; or toll-free: **800-803-8833**

www.ccgacares.com

Douglas County

Aging and Adult Care of Central Washington

509-886-0700; or toll-free: **800-572-4459**

www.aaccw.org

24-Hour Crisis Line

509-662-7105; or toll-free: **800-852-2923**

Ferry County

Senior Information and Assistance

509-775-0912

24-Hour Crisis Line

509-775-3341; or **866-807-7131** (8 a.m. to 4 p.m.)

After hours: **866-268-5105**

Franklin County

Aging and Long-term Care of Southeast Washington

509-545-3459

www.altcWASHINGTON.com

24-Hour Crisis Line

509-783-0500; or toll-free: **800-783-0544**

Garfield County

Aging and Long-term Care of Southeast Washington

509-843-3563

www.altcWASHINGTON.com

Crisis Line

509-758-3341 (8:30 a.m. to 5:30 p.m.)

After hours and weekends: **888-475-5665**

Grant County

Aging and Adult Care of Central Washington

877-380-5787; or toll-free: **800-572-4459**

www.aaccw.org

24-Hour Crisis Line

509-765-1717 or **877-467-4303**

Grays Harbor County

Olympic Area Agency on Aging

360-532-0520; or toll-free: **800-801-0060**

www.o3a.org

24-Hour Crisis Line

360-532-4357; or toll-free: **800-685-6556**

Island County

Senior Services of Island County

360-321-1600

www.islandseniorservices.org

24-Hour Crisis Line

Toll-free: **800-584-3578**

Jefferson County

Olympic Area Agency on Aging

360-379-5064; or toll-free: **800-801-0050**

www.o3a.org

24-Hour Crisis Line

East County: **360-385-0321**; or toll-free: **800-659-0321**

West County: **360-374-5011** (8 a.m. to 5:30 p.m.); **360-374-6271** (after hours and weekends)

King County

Senior Services

206-448-5757

www.seniorservices.org

24-Hour Crisis Clinic

206-461-3222; or toll-free: **866-427-4747**

www.crisisclinic.org

Kitsap County

Senior Information and Assistance

360-337-5700; or toll-free: **800-562-6418**

24-Hour Crisis Line (Crisis Clinic of the Peninsulas)

360-479-3033; or toll-free: **800-843-4793**

www.crisisclinicofthepeninsulas.org

Kittitas County

Senior Information and Assistance

509-925-8765 or 877-401-2583

Upper Kittitas County (Aging and Long-term Care of Southeast Washington)

509-674-5233

www.altcWASHINGTON.com

24-Hour Crisis Line

509-925-4168

Klickitat County

Southwest Washington Agency on Aging

White Salmon: 509-493-3068

Goldendale: 509-773-3757

www.helpingelders.org

24-Hour Crisis Line

Toll-free: 800-572-8122

Lewis County

Senior Information and Assistance

360-748-6696

24-Hour Crisis Line

360-748-6696; or toll-free: 800-344-7414 or 800-559-6696

Lincoln County

Aging and Adult Care of Central Washington

877-380-5787

www.aaccw.org

24-Hour Crisis Line

During business hours: 509-725-3001 or 888-725-3001

After hours: 888-380-6823

Mason County

Senior Information and Assistance

360-427-2225

24-Hour Crisis Line

360-586-2800; or toll-free: 800-627-2211

Okanogan County

Aging and Adult Care of Central Washington

509-826-7452; or toll-free: 888-437-4147

www.aaccw.org

24-Hour Crisis Line

509-826-6191 or 866-826-6191

Pacific County

Olympic Area Agency on Aging

Raymond: 360-942-2177; or toll-free: 888-571-6557

Long Beach: 360-642-3634; or toll-free: 888-571-6558

www.o3a.org

24-Hour Crisis Line

Toll-free during business hours: 800-884-2298

Pend Oreille County

Rural Resources Community Action

Colville: 509-684-8421

Newport: 509-447-5614

www.ruralresources.org

24-Hour Crisis Line

509-684-4597; or toll-free: 888-380-6823

Pierce County

Pierce County Human Services

253-798-4600 or toll-free 800-562-0332

www.pierceadrc.org

24-Hour Crisis Line

Toll-free 800-576-7764

San Juan County

Senior Services

360-378-2677

24-Hour Crisis Line

425-258-4357; or toll-free: 800-584-3578

Skagit County

Senior Information and Assistance

360-336-9345

24-Hour Crisis Line

425-258-4357; or toll-free: 800-584-3578

Skamania County

Southwest Washington Agency on Aging

509-427-3990

www.helpingelders.org

24-Hour Crisis Line

Call 9-1-1.

Snohomish County

Senior Services of Snohomish County

425-355-1112

www.sssc.org

24-Hour Crisis Line

425-258-4357; or toll-free: 800-584-3578

Spokane County

Senior Information and Assistance

509-458-7450

24-Hour Crisis Line

509-838-4428; or toll-free: 877-678-4428

Stevens County

Rural Resources Community Action

509-684-3932

www.ruralresources.org

24-Hour Crisis Line

509-684-4597; or toll-free: 888-380-6823

Thurston County

Lewis, Mason, Thurston Area Agency on Aging

360-664-3162

24-Hour Crisis Line

360-586-2800; or toll-free: 800-627-2211 (in three-county area for
Thurston, Lewis, and Mason counties)

Questions?

Call 206-598-4370

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help at any time.

Social Work and Care
Coordination:
206-598-4370

UNIVERSITY OF WASHINGTON
MEDICAL CENTER
UW Medicine

**Social Work and Care
Coordination**

Box 356125

1959 N.E. Pacific St. Seattle, WA 98195
206-598-4370

Wahkiakum County

Southwest Washington Agency on Aging

360-577-4929

www.helpingelders.org

24-Hour Crisis Line

360-795-8630; or toll-free: **800-635-5989**

Walla Walla County

Aging and Long-term Care of Southeast Washington

509-529-6470; or toll-free: **888-769-2582**

www.altcWASHINGTON.com

24-Hour Crisis Line

509-522-4278

Whatcom County

Northwest Regional Council – Senior Information and Assistance

360-738-2500

www.nwrcwa.org

24-Hour Crisis Line

360-734-7271; or toll-free: **800-584-3578**

Whitman County

Senior Information and Assistance

509-397-4305

24-Hour Crisis Line

509-334-1133; or toll-free: **866-871-6385**

Yakima County

Aging and Long-term Care of Southeast Washington

509-469-0500 or **866-891-2582**

Lower Yakima Valley: **509-829-3905** or toll-free **888-549-2582**

www.altcWASHINGTON.com

24-Hour Crisis Line

509-575-4200; or toll-free: **800-572-8122**