

# Patient Education

Digestive Disease Center



# Sigmoidoscopy

*After your test*

Call us right away if you have any of these problems in the next 7 days:

- Unusual stomach pain.
- A fever above 100°F.
- Blood in your stool.

Your doctor was:

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## Instructions

You can resume your usual diet and medicines.

If you had sedation for this test:

- Do not drive today. It is against the law.
- Do not drink alcohol for the rest of the day.

## Test Results

- Normal exam.
- One or more biopsies (small samples of tissue) were taken. In about 2 weeks, you will receive a letter with the pathology results.

## Special Instructions

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UNIVERSITY OF WASHINGTON  
**MEDICAL CENTER**

UW Medicine

*a passion for life*

**Digestive Disease Center**

Box 356160

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206-598-4377

## Questions?

Call us at 206-598-4377 weekdays between 8 a.m. and 5 p.m. At all other times, call the paging operator at 206-598-6190 and ask to speak to the gastroenterologist on call.