

How to Prepare for Your Procedure

- Arrange for someone to drive you home after your procedure, if possible.
- You may eat normally and take your regular medicines.

How the Procedure Is Done

This procedure takes place in the clinic and usually lasts less than 1 hour. This includes recovery time.

A local *anesthetic* (numbing medicine) is applied to your eardrum. Then, a small incision is made in your eardrum and a small tube is inserted through this incision. An antibiotic (Gentamycin) or a steroid medicine (Dexamethasone) is then injected into your middle ear.

The number of injections you receive and the length of your overall treatment will be based on your treatment plan.

What to Expect After Your Procedure

Side Effects

You may have mild imbalance for 7 to 10 days if you were treated with Gentamycin.

Pain

Most patients have very little pain after this procedure. You may take acetaminophen (Tylenol) or ibuprofen (Advil, Motrin) if needed.

Diet

You may eat normally.

Return to Work

You will not need to take time off work after this procedure.

Precautions and Self-care to Speed Your Recovery

- Do **not** allow water to get into your ear until your doctor tells you this is OK.

Follow-up

You will need to return to the clinic often to have your hearing checked. Your doctor will tell you how often you will need to come in.

Your Follow-up Appointments:
