



## Your Appointment at the Digestive Disease Center

*For colorectal screening*

**Your appointment is at the Digestive Disease Center on the 3rd floor of the Surgery Pavilion on:**

\_\_\_\_\_ at \_\_\_\_\_.

### You are scheduled for:

- A clinic visit in the Surgical Specialties Center
- Sigmoidoscopy\** in the Digestive Disease Center
- Anal ultrasound\** in the Digestive Disease Center
- Rectal ultrasound\** in the Digestive Disease Center
- A visit with your doctor in the Surgical Specialties Center to talk about your treatment plan

\*Short descriptions of sigmoidoscopy and ultrasound are on page 2.

### How to Prepare

- There are no dietary restrictions before the procedure. You may eat your regular meals.
- When you come to the hospital, please bring any past medical records you have that are related to the problem you are being seen for. These might include notes from other health care providers, test results, and other records.

### What to Expect

After you check in at the Digestive Disease Center:

- Your doctor will ask you about your health history and do a physical exam to update your medical records.



*Parking is available in the underground Surgery Pavilion Parking Garage. See "Parking" on page 2.*

- If you are having a procedure:
  - To prepare, you will have an enema to clean out the last part of your *rectum* (lower bowel).
  - Your procedure(s) will take place in a procedure room. You will stay awake during the procedure.
  - During the procedure, you might feel some pressure and feel like you have to go to the bathroom or pass gas.
  - After your procedure, a medical assistant will escort you to the Surgical Specialties Center. There you will meet with your doctor and health care team to talk about the findings and your plan of care.

## Sigmoidoscopy

A sigmoidoscopy shows the lining of the lower part of your large intestine. To do this exam, your doctor will use a flexible tube that has a tiny camera on it. The tube is about the size of a finger, and it is placed in your rectum.

## Ultrasound

Ultrasound uses sound waves to create a picture of the inside of your body. A special probe is used for a rectal or anal ultrasound, to help your doctor can see the area. The probe is about the size of a finger, and it is placed inside your rectum.

## Special Instructions

---

---

---

## Parking

To park in the Surgery Pavilion Parking Garage:

- From N.E. Pacific St., follow the signs for the Emergency Room.
- Pass the Emergency Room entrance, stay left, and enter the Surgery Pavilion Parking Garage.

## How to Find the Digestive Disease Center

- From the parking garage, take the elevator to the 3rd floor.
- As you leave the elevator, turn right to the Digestive Disease Center.

### Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Digestive Disease Center: 206-598-4377