



Your Ileoscopy

How to prepare

Directions:

- To park, follow the signs for the Emergency Room.
- At the fork, stay on your left to enter the Surgery Pavilion Parking Garage.
- Take the elevator to the 3rd floor.
- Turn right to the Digestive Disease Center.

Your appointment at the Digestive Disease Center, on the 3rd floor of the Surgery Pavilion, is on:

_____ at _____ .

Follow These Instructions to Prepare for Your Exam

- Do not eat anything after midnight.
- As soon as you get up on the day of your exam, take your morning medicines with 1 cup of water.
- You may drink clear or transparent fluids such as juice (apple, grape, or cranberry), broth, black coffee or tea, lemonade, sports-drinks, soda pop or Jell-O until 2 hours before your appointment time. After this time, do **not** take anything by mouth.
- Bring a list of all medicines you take.
- Bring replacement supplies for your ileostomy.

Sedation

This procedure is usually done **without** sedation, but you may choose to have sedation, if you wish.

If you choose to have sedation, you must:

- Come to the hospital 30 minutes earlier than your appointment time.
- Arrange for a responsible family member or friend to take you home. You cannot drive on the day of your test. **Your test will be cancelled if you arrive without a responsible adult to drive you home.** Your family member or friend must be in our waiting room when you are ready to leave, about 1½ to 2 hours after your appointment time. You **cannot** take a taxi, a bus or use an escort service (like Hopelink) unless you have a responsible adult to ride with you.

Questions?

Your questions are important. Please call if you have questions or concerns.

Weekdays between 8 a.m. and 5 p.m., call the Digestive Disease Center, 206-598-4377.

After hours and on weekends and holidays, call the Community Care Line at Harborview, 206-744-2500.

Special Instructions

What to Expect

- You are scheduled for an *ileoscopy*. This test allows your doctor to look at the lining of your small intestine. The doctor will use a flexible tube, about the size of a finger, which will go through your ostomy.
- You might have some cramping during the test. Your doctor may take *biopsies* (tissue samples), but you will not feel this.
- The test takes about 15 minutes. Your appointment will last longer because of preparation and recovery time.
- Your doctor will talk with you about the results. If results are not ready right after the test, the doctor will tell you when you can expect to be called.

UW Medicine

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