Directions to the Western Multiple Sclerosis Center

UW Medical Center is located at 1959 N.E. Pacific St., the south end of the University of Washington campus.

**From Interstate 5:** Take Exit 168B (Bellevue, State Route 520) heading east. Then take the Montlake Boulevard Exit and follow the signs to University of Washington Medical Center.

**From Interstate 405:** Take Exit 14 (Seattle via Evergreen Point Bridge, State Route 520) heading west. Then take the Montlake Boulevard exit and follow the signs to University of Washington Medical Center.

**Parking:** The underground Triangle Parking Garage across N.E. Pacific Street from the Medical Center's main entrance is for patients and visitors. It is located on the north side of N.E. Pacific Street in the triangle formed by Montlake Boulevard N.E., N.E. Pacific Street, and N.E. Pacific Place. The entrance is on the northwest side of the triangle. A pedestrian tunnel leads from the garage to the Medical Center.

**Disability parking:** If you have a mobility impairment, disability parking is available in the S-1 parking lot. Turn off of N.E. Pacific Street toward the emergency entrance. Check in at the parking booth for further instructions.

**Parking validation:** This is provided for patients and visitors using the Triangle and S-1 lots. The maximum parking fee is $4 per day (subject to change) for validated patients and visitors. Ask for validation from the clinic receptionist as you leave the clinic.
Directions to the Clinics

There are two clinics: the Rehabilitation Clinic and the Neurology Clinic, and both are in the same area on the 8\textsuperscript{th} floor of the hospital. At times, staff see patients at other locations. You need to confirm with the receptionist which clinic you will need to go to for your next visit. \textbf{If you park in the Triangle Parking Garage:} You will enter the front door of the hospital building on the 3\textsuperscript{rd} floor.

- To reach the 8\textsuperscript{th} floor Neurology Clinic or the 8\textsuperscript{th} floor Rehabilitation Clinic, proceed to the right (West) end of the lobby and take the Pacific Elevators up to the 8\textsuperscript{th} floor. After you exit the elevator, turn right (East).

\textbf{If you park in the disability parking area (lot S-1):} You will enter the building on the 1\textsuperscript{st} floor, or basement.

- To reach the 8\textsuperscript{th} floor Rehabilitation Clinic or the 8\textsuperscript{th} floor Neurology Clinic, follow the hallway to the Pacific elevators. Go to the 8\textsuperscript{th} floor. The clinic is to the right (East) as you exit the elevator.
Questions?

Call 206-598-3344

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC Clinic staff are available to help during regular business hours.

Western Multiple Sclerosis Center at UWMC
206-598-3344

Parking
206-685-1553

Social Work Office
206-598-4170 or 206-598-4370

Where to Stay During Your Visit to Seattle

The University has contracted with two area hotels for discounted lodging. Both offer free shuttles to the hospital. Call for current rates and mention the University of Washington Medical Center contract. More information about area lodging is available from the Social Work office at 206-598-4170 or 206-598-4370.

- Ramada Inn at Northgate – 206-365-0700 or 1-800-435-0754
- University Plaza Hotel – 206-634-0100 or 1-800-343-7040

Note: Those receiving State of Alaska medical assistance must be sure to arrange lodging and transportation with the Alaska Medicaid office before coming to UWMC.