About Your Labor Induction

What to expect

This handout tells what to expect when you are scheduled for labor induction at University of Washington Medical Center (UWMC).

Your OB provider gave you a date for your labor induction. **We will not know the time of your induction until that day.**

On the Day Your Induction Is Scheduled

- After 8 a.m., please call UWMC Labor & Delivery at **206.598.4616** to talk with a nurse.

- You will make a plan with the nurse about when to come to the hospital. If you wish to come in at a certain time, please tell the nurse. We will do our best to meet your needs. But, we cannot guarantee to start your induction by a certain time or even on that day.

- If we cannot get you in right away, you and the nurse will decide when to talk next.

For example, if you call at 8 a.m., the nurse may tell you to come in right away. Or, they may say that it is not the best time to start an induction and ask to call you back at 11 a.m. You may talk with the nurse a few times during the day if the plan needs to change.

If Plans Change

In Labor & Delivery, we are always balancing the care needs of many patients. Since we cannot predict how long each patient’s labor and delivery will take, we may need to adjust the timing of your induction.

Please be patient. We will do our best to start your induction on the date it is scheduled. But, there is a chance that your induction may be delayed for 1 to 2 days, if needed for your safety.

We take your needs, your health, and your baby’s health very seriously. If you have concerns about your induction or the scheduling procedure, please talk with your OB provider.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UWMC Labor & Delivery: 206.598.4616

We look forward to helping you bring your new baby into the world!