The CF Clinic Team

Pulmonary Physicians
Moira Aitken, MD, Director
Christopher Goss, MD, Associate Director
Ajai Dandekar, MD, PhD
Katie Hisert, MD, PhD

CF Nurse Coordinator
Lori Menalia, RN
206.598.8446
Reiko Hisamatsu, CMA
206.598.5894

Respiratory Care Practitioner
Jeff Moniz, RRT
206.598.5864

Dietician
Andrea Lopriore, RD
206.598.6362

Social Worker
Angela Wagner, MSW
206.598.2676

Lung Transplant Team
206.598.5668

Questions?
Your questions are important. Please call the Cystic Fibrosis Clinic Nurse if you have any questions or concerns. Clinic staff will call you back.
CF Clinic Nurse: 206.598.8446
Fax: 206.598.7214

Research Studies
For information on research studies, please call the Cystic Fibrosis Research coordinator:
Ellen Wilhelm: 206.221.0992

Adult Cystic Fibrosis Clinic
At University of Washington Medical Center

Welcome to the Cystic Fibrosis (CF) Clinic at University of Washington Medical Center (UWMC). We look forward to being your partner in your health care.

The CF Clinic provides both inpatient and outpatient care. The clinic manages a wide range of community and home care services for adults with CF. UWMC is also a lung transplant center.

Our goal is to help you maintain your health and activity level and minimize the adverse effects of CF on your daily life.

The Cystic Fibrosis Clinic is located at University of Washington Medical Center.
Members of the CF Clinic Team

The CF Clinic team includes pulmonary physicians (doctors who have special training in treating lung conditions), nurse coordinators, a respiratory care practitioner, a dietician, a social worker, and a lung transplant coordinator. Their names and phone numbers are on the back of this handout.

Clinic Hours

CF Clinic is held Mondays, 8 a.m. to 12:30 p.m. To schedule a visit, call 206.598.4615. If you need to change your appointment, try to call the clinic at least 24 hours before the appointment you need to change.

Clinic Visits

The Cystic Fibrosis Foundation advises having a checkup every 3 months. Write down your questions and bring them with you to your visit.

During your visit you will be seen by most members of the CF Clinic team:

- The dietician will check your nutritional status.
- The social worker can help you with insurance concerns and help you find community resources as needed.
- The nurse and respiratory therapist will help you with self-care. This may include using medicines and respiratory equipment and teaching you ways to keep your airway clear.
- Other care providers will join your care team as needed. These may include a diabetes care specialist, pharmacist, gastroenterologist (a doctor who treats problems of the stomach and intestines), liver disease specialist, and ear, nose and throat specialist.

Your lung function will be checked by spirometry (measuring how much air enters and leaves your lungs), oximetry (checking the oxygen level in your blood), a physical exam, and other tests, if needed.

A routine checkup will last about 2 to 3 hours. Your annual visit will last longer than this.

Primary Health Care

CF patients are urged to have a primary health care provider, in addition to the CF team. Your primary provider will manage your health issues that are not related to CF. Women with CF should see their primary provider for their gynecology needs.

Prescription Refills

For prescription refills, ask your pharmacy to call the CF Clinic nurse at 206.598.8446 or to fax 206.598.7214.

Home IV Antibiotics

Intravenous (IV) antibiotics are often started or finished at home for a 2- to 3-week period. Home treatments cost much less than care in the hospital. Your health insurance company may encourage you to have IV antibiotic treatment at home.

Hospital Stays

If you must stay in the hospital, most times you will be admitted to the General Medicine Service on 6-Northeast. A resident doctor, a general internist, and an expert in pulmonary medicine will oversee your care.

Billing

You will receive at least 2 bills when you are seen – 1 from UWMC and 1 from University of Washington Physicians (UWP). You may also receive a bill from Laboratory Medicine.

For questions about your bills, call Patient Financial Information at 206.598.1950.