After Your Manometry of the Rectum

Self-care and warning signs

This handout gives instructions to follow after having a manometry of the rectum.

Self-care

• You may resume your normal activities and eat as usual right after your procedure.
• It is normal to have a small amount of pink mucus in your next bowel movement.

When to Call

It is rare to have problems after having this procedure. But, call one of the numbers below right away if you have:
• Fever of 100.5°F (38°C) or higher
• Unusual bleeding from your rectum
• Unusual pain in your abdomen
• Chills, vomiting, or other unusual symptoms

Who to Call

• On clinic days from 7 a.m. to 5 p.m., call the Center for Esophageal and Gastric Surgery Lab, 206.598.7350.
• After hours and on weekends and holidays, call 206.598.6190 and ask for the Gastroenterology team member on call to be paged.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Center for Esophageal and Gastric Surgery Lab: 206.598.7350

Call one of the numbers under “Who to Call” if you have any of the symptoms listed in this handout.