After Sedation

Guidelines to follow

What to Expect
You will finish your recovery at home. You may feel drowsy and have some memory loss after sedation. The side effects from sedation usually go away quickly after your procedure. Still, it may take several hours for your body to recover from the stress of your procedure and the sedation you received. You may feel normal, but some of the medicines you may have received can affect your memory and judgment.

Getting Home
You must have a responsible person take you home. It is against the law to drive if you are impaired in any way. Protect yourself and others by making arrangements for an escort or driver before your procedure. If you have any questions about this policy, please contact your provider.

Medicines
Do not take any medicines unless they were prescribed or approved by your doctor. Normally, you will be able to start taking your usual medicines right away. If you have questions, please ask the doctor who prescribed your medicines.

What to Do and Not Do
After having intravenous (IV) sedation, follow these instructions for at least 24 hours, or for as long as you are taking narcotic pain medicines.

Do NOT:
• Drive a car or use machinery.
• Drink alcohol.
• Make important legal or personal decisions.
• Be responsible for the care of another person.

Do:
• Stay home for the day and rest.
• Have an adult stay with you.
• Drink liquids at first, then progress slowly to your usual diet.
• Arrange for someone to care for your children or others you are responsible for, at least for the day of your procedure.
• Move carefully if you are taking narcotic pain medicine (you may feel dizzy if you make sudden moves).