Angiography
How to prepare and what to expect after your test

Dr. ___________________________ has ordered a ___________________________ for you.

Report to 4-South on __________________ at ___________.

- You will stay in the hospital for 6 hours after your test. You will need someone to give you a ride home afterward.
- You will stay overnight in the hospital after your test.

How to Prepare

- Do not eat anything for 8 hours before your test.
- You may drink clear liquids up to 2 hours before your test.
- If you are on Coumadin (warfarin), stop your Coumadin on ___________________________.
- Begin your Lovenox on ___________________________.
  Take the last dose on ___________________________.
- If you are allergic to X-ray contrast (dye), follow the instructions you were given for taking medicines to prevent a reaction.
- Your doctor has ordered a medicine called Mucomyst for you. This medicine will help protect your kidneys during your test. Follow the instructions that came with the Mucomyst.

For Patients with Diabetes

- If you take Glucophage (metformin), do not take Glucophage on the day of your test. (See “Metformin” handout.)
- If you take insulin, ask the doctor you see for your diabetes management for specific instructions.

Arriving at the Hospital

- Please arrive 10 minutes before your scheduled appointment. You will need to check in with Admitting, inside the main entrance (3rd floor), before you go to 4-South.
Questions?

Weekdays from 8 a.m. to 4 p.m., call the Surgical Specialties Nurse Advice Line at 206-598-4549.

After hours and on weekends and holidays, call 206-598-6190 and ask for the resident on call for Vascular Surgery to be paged.

Or, ask for your attending doctor to be paged:

Dr. ____________

- Report to 4-South at the time shown on page 1 of this handout.
- When you check in at 4-South, you will have a blood draw. If you are a woman of childbearing age, you will also have a pregnancy test done.

After Your Test

For 24 hours after your test, do **not**:
- Drive or travel alone
- Drink alcohol
- Use machinery
- Sign legal papers
- Care for or be responsible for another person

Diet

You may eat or drink as soon as you want after your test.

Showering

- You may shower after your test.
- Do not take baths, soak in a hot tub, or go swimming until your incision is completely healed.

Activity

- For _____ days or _____ weeks, limit activities or exercises that pull on your incision.
- You may return to work on ______________________________ .

When to Call the Doctor

Call one of the numbers listed in the column to the left if you have:
- Bleeding or drainage
- A pulsing lump at your incision site
- A sudden feeling of cold or numbness in your leg
- A fever higher than 100°F (37.7°C) or chills
- Redness, increased pain, or swelling at your incision site
- Nausea and vomiting