Questions?

Your questions are important. Call the Digestive Disease Center if you have questions or concerns.

Weekdays from 8 a.m. to 5 p.m., call the Digestive Disease Center at 206-598-4377.

After hours and on weekends and holidays, call 206-598-6190 and ask for the Gastroenterologist on call to be paged.

When to Call the Clinic

Call right away if:

- You have pain in your abdomen, chest, or shoulder that does not go away.
- You are vomiting red blood.
- Your stool is black.
- You have a fever above 100°F (37.8°C).
- It is hard to swallow.

BÂRRX

After your procedure

This handout gives instructions to follow after treatment of your Barrett’s esophagus.
After Your Procedure

After your BÂRRX procedure, you may have some of these symptoms:

- Sore throat
- Nausea
- Pain
- Difficulty swallowing
- Low-grade fever (below 100°F or 37.8°C) or chills

These symptoms will lessen each day. The doctor might prescribe medicines to help with your discomfort. Take these if you need them:

- **Oxycodone (liquid)** – for pain. Use every 4 hours as needed.
- **Maalox-Lidocaine mixture** – to numb the sore area in your esophagus. Take 1 to 2 teaspoons before you eat or drink anything.
- **Compazine or Phenergan** – a suppository for nausea. Put 1 in your rectum 2 times a day.

On the Day of Your Procedure

- For your safety and the safety of others, do not drive today. It is against the law.
- Drink only liquids (no alcohol). Do not eat solid food.

For 1 Week After Your Procedure

- Eat soft foods. Avoid crackers, toast, and other crunchy foods.
- Do not take pain or arthritis medicines such as aspirin, Advil, ibuprofen, Motrin, Aleve, or Naprosyn. You can take acetaminophen (Tylenol).

Until Your Next EGD

In about 3 months, you will need a follow-up EGD (esophagogastroduodenoscopy). Until then:

- Take ____________________________, your stomach medicine, 2 times a day.