This chapter provides phone numbers you will find helpful during pregnancy and after your baby is born.

**Childbirth, Parenting, and New Baby Classes**
Registration line (weekdays, 10 a.m. to 2:30 p.m.)........ 206.789.0883
Online registration........................................... www.parenttrust.org
Email ........................................................ greatstarts@parenttrust.org

**UW Medicine Hospitals**

**Harborview Medical Center (HMC)**
www.uwmedicine.org/services/obstetrics
Family Medicine....................................................206.744.8274
Neighborhood Health at Columbia City .................... 206.461.6957
Pediatric Clinic..................................................... 206.520.5000
Women’s Clinic .................................................. 206.744.3367

**Northwest Hospital**
nwhospital.org/medical-services/childbirth-center
Childbirth Center ...................................................206.668.1882
Childbirth Center Tours ....................................... 206.668.1784
Meridian Women’s Health (3 sites) ......................... 206.668.6644
Midwives Clinic .................................................. 206.668.6670

**UW Medical Center (UWMC)**
www.uwmedicine.org/services/obstetrics
Community Care Line (24 hours a day) ..................... 206.744.2500
Hall Health Center ............................................... 206.685.1011
Labor & Delivery ............................................... 206.598.4616
Labor & Delivery Tours ...................................... 206.598.5956
Lactation Services ............................................. 206.598.4628
You may want to add some of these numbers to your phone contacts list so that they are handy when needed.

Maternal and Infant Care Clinic (MICC) ......................... 206.598.4070
Mother Baby Unit (Postpartum) ................................. 206.598.5600
Neonatal Intensive Care Unit (NICU) ....................... 206.598.4606
Pediatric Care Center at UWMC-Roosevelt .......... 206.598.3000
Prenatal Diagnosis Clinic ........................................ 206.598.8130
Women’s Health Care Center at UWMC-Roosevelt .... 206.598.5500

**UW Neighborhood Clinics**

[www.uwmedicine.org/service/obstetrics](http://www.uwmedicine.org/service/obstetrics)

- Factoria .............................................................. 425.957.9000
- Kent/Des Moines ............................................. 206.870.8880
- Northgate .......................................................... 206.528.8000
- Ravenna ............................................................. 206.525.7777
- Shoreline .......................................................... 206.542.5656
- Woodinville ....................................................... 425.485.4100

**Valley Medical Center**

[www.valleymed.org](http://www.valleymed.org)

- Associated Valley OBGYN ................................. 425.656.2496
- Birth Center ...................................................... 206.575.2229 (206.575.BABY)
- Childbirth Classes ............................................ 425.228.3440, ext. 3799
- Covington Clinic South .................................... 253.395.1960
- Family Medicine Clinic ................................. 425.656.4224
- Maternal Fetal Medicine Clinic ...................... 425.656.5520
- Midwives Clinic (2 sites) ............................... 425.656.5321
- Women’s & Family Health Specialists .............. 425.271.4910
- Women’s Healthcare Clinic
  - Auburn, Covington, Kent ............................. 253.939.9654
  - Renton .......................................................... 425.656.4090