Welcome to the Mother Baby Unit!

What to expect

During your hospital stay we will help you rest, recover and get to know your new baby. Our expert staff is here to help and support you.

Your Postpartum Stay

Here are some things you can expect during your stay:

- Your doctors and nurses will share information with you and your family.
- To help you recover and to keep you comfortable and safe, your nurse will check your vital signs and other signs of healing.
- Your nurse will talk with you about caring for yourself and your new baby. If your baby is in one of the special nurseries, we will help you spend as much time together as possible. We want you to be able to be a part of your baby’s care.
- If you want to talk with your or your baby’s doctor, a lactation consultant, or a social worker, your nurse can help you contact them.

Your Visits with Healthcare Providers

- Even though your OB clinic doctor may not see you during your postpartum stay in the hospital, a doctor will check on you every day. Usually, this visit is between 5:30 and 7 a.m.
- Most Family Medicine providers visit between 8:30 and 11 a.m.
- The pediatric care team will examine your baby and review your baby’s plan of care daily, usually between 10 a.m. and noon.
- Try to write down your questions as you think of them, so you are prepared for visits with your healthcare team.
- Sometimes, your care team may ask to speak with you privately.
Patient and Family Centered Care

UWMC is proudly committed to practicing patient and family centered care (PFCC).

PFCC is a partnership among you, your family, your healthcare providers, nurses, and other staff.

Our providers and staff try to model PFCC in these ways:

- Members of your care team introduce themselves.
- We explain our roles and responsibilities to you and your family.
- We offer you and your family a way to contact your care team.
- We ask who you want to have included in talks and decisions about your care.
- We explain diagnoses and care planning in terms that you and your family can understand.
- You and your family members chosen by you are actively involved in deciding which care options to put into action.
- Our team members treat you and your family with respect, using tact and compassion.
- Team members protect your modesty and dignity in all possible ways.
- Interpreters are used when communicating with patients whose primary spoken language is not English.

Please tell our providers and staff if you have questions or concerns.

Questions?

Your questions are important. If you have questions about your stay on the Mother Baby Unit, please ask your Nurse, or ask to speak with the Charge Nurse.