Circumcisions at UW Neighborhood Clinics

Many UW Medicine Neighborhood Clinics do circumcisions as an outpatient procedure. We respect a family’s choice about whether or not to have their newborn son circumcised.

Circumcision and Your Baby

*Circumcision* is a surgery that removes 25% to 50% of the foreskin of the penis. It is usually done in the first few weeks of a baby boy’s life.

A circumcision takes about 20 minutes. Healing takes 7 to 10 days. A baby must be healthy to be circumcised safely.

Studies show there are health benefits of circumcision.

In 2012, the American Academy of Pediatrics (AAP) stated that these health benefits outweigh the risks.

Parents choose what is best for their child. Some parents have their sons circumcised for religious, social, or cultural reasons. Others choose not to for similar reasons. See the benefits and risks of circumcision below and on the next page.

Benefits and Risks of Circumcision

**Benefits**

- A lower risk of urinary tract infections (UTIs).
- A lower risk of getting cancer of the penis. But, this type of cancer is very rare, whether or not a male is circumcised.
- A slightly lower risk of getting sexually transmitted infections (STIs) including HPV and HIV, the AIDS virus.
- Prevention of foreskin infections.
Questions?
Your questions are important. If you have questions about circumcision, call your healthcare provider during office hours.

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- Prevention of phimosis, a condition in uncircumcised males that prevents foreskin retraction (pulling back).
- Easier to keep the genital area clean.

Risks
- Like all surgeries, circumcision has some risks. Problems from circumcision are rare, and most times they are minor. Some of these are bleeding, infection, cutting the foreskin too short or too long, and improper healing. Be sure to talk with your healthcare provider about possible problems.
- When the foreskin is removed, it may be easier for the tip of the penis to become irritated. This may cause the opening of the penis to become too small. Rarely, this can cause urination problems that may need to be corrected with surgery.
- Some people believe that circumcision makes the tip of the penis less sensitive, causing a decrease in sexual pleasure later in life. This has not been proven by any medical or psychological study.

Circumcision at UW Medicine Clinics
If you choose circumcision, we will make sure that your baby is as comfortable and safe as possible. We give caring support and medicines to relieve the discomfort of this procedure.

Even though this is a short procedure, plan to be at the clinic for at least 1½ to 2 hours to allow full care for your baby. We want to make sure your baby is fine before you leave.

Please make your appointment as soon as you can after you give birth. We prefer to see infants before they are 3 weeks old. Ask your insurance company if it covers circumcisions. Many insurance plans do not pay for them. If circumcision is not covered by your plan, you must pay for it at the circumcision appointment.

To Learn More
To learn more about circumcisions, visit these websites:

American Academy of Pediatrics .......................... www.aap.org
American Academy of Family Physicians .............. www.aafp.org
Family Doctor ................................................. www.familydoctor.org
Healthy Children ............................................. www.healthychildren.org