Burow’s Solution
For use on some skin irritations

What is Burow’s solution?
Burow’s solution is used to help dry up weeping, wet skin that is caused by irritants such as poison ivy, allergies, and insect bites. The solution is named for its inventor, Karl August Burow.

Burow’s solution is made from Domeboro (aluminum acetate) powder or tablets. You can buy Domeboro to make your own Burow’s solution at most pharmacies. You do not need a prescription.

How do I make a cold compress with Burow’s solution?
Follow these step-by-step instructions to make a cold compress of Burow’s solution:

1. Mix 1 package of powder or 1 tablet of Domeboro in 1 pint of cold tap water. There will be a fine powder in the bottom of the solution.
2. Soak a clean washcloth or other cloth in the solution until it is dripping wet.
3. Place the cloth over your affected skin. Leave it on your skin for 15 minutes.

Repeat this process 2 or 3 times a day. You may use the same solution for 1 day, but make a fresh solution the next morning. Stop using the compresses when the crust and oozing are gone.

If your doctor has also advised you to use a cream or ointment, reapply it after each time you use the Burow’s solution.

Questions?
Your questions are important. Call your doctor or health care provider if you have questions or concerns.

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