How does my child get referred?

We will need a referral from your child’s primary care provider to set up your assessment. Call us at **206.598.9346** to start the process.

What are the costs?

Health insurance covers most clinic visits. Costs depend on your child’s age and how many specialists you see.

Please talk with your health insurance company. Ask what services they cover, what co-pays you will need to pay, and whether you need authorization before your clinic visit.

Where is the clinic?

The Child Development Clinic is in the Center on Human Development and Disability (CHDD). It is just south of University of Washington Medical Center.
Who will assess my child?
Families will see several members of the clinic team based on the child’s needs. Your team may include these specialists:

- Developmental Pediatrician
- Psychologist
- Speech Language Pathologist
- Occupational Therapist
- Physical Therapist
- Audiologist (hearing specialist)
- Social Worker
- Nutritionist
- Nurse Practitioner

What are the benefits of a visit to the clinic?
When you visit our clinic, you will:

- Learn more about your child’s strengths and challenges, including their educational needs, peer relations, coping skills, communication, or other concerns
- Receive a diagnosis to help you access the services your child needs
- Get written reports that explain our findings and what we believe will be most helpful for your child
- Find resources for your family

Who does the clinic serve?
Our clinic serves children from birth to adolescence who have or are at risk for:

- Complex brain-based developmental disabilities
- Delays in development
- Learning problems
- Sensory/motor concerns

What happens at a clinic visit?
Your child will be seen by 2 or more members of our team. Each visit lasts from 30 minutes to 3 hours. You may need to come to the clinic on 3 separate days.

Some parts of the assessment are a lot like school activities. Others involve play situations or physical activities. We often interview the parents and ask them to fill out questionnaires.

After we finish all of our assessments, we ask the parents to return to the clinic for a conference with the team. This meeting will take about 45 minutes.