Clomid
Instructions and follow-up

This handout gives instructions to follow when taking Clomid. It includes information about follow-up labs and visits with your doctor.

How to Take Clomid

• Clomid comes in 50 mg tablets. Your dose is 25 mg, so you will need to cut the tablets in half.

• Take 25 mg Clomid (1/2 tablet) every other day, or as prescribed by your doctor.

Follow-up Labs and Doctor Visits

• After taking Clomid for 1 month, you will need to have your hormone levels checked:
  - We will provide a lab form for you to take with you to your local lab or the UWMC lab. You should not need to make an appointment.
  - Have your hormone labs drawn in the morning before 10 a.m.

• After taking Clomid for 3 months, you will have a semen analysis done:
  - We will schedule this visit for you at the Male Fertility Lab at UWMC.
  - If you do not have this visit scheduled, call 206-543-4671 to set up your appointment.

• Your doctor will want to see you 1 to 2 weeks after your semen analysis visit. At this follow-up visit, your doctor will talk with you about the results of your tests and explain your treatment options.

Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Men’s Health Center: 206-598-6358

For questions or concerns about taking Clomid, call the nurse at 206-598-8517.