# Endoscopic Ultrasound (EUS) with Anesthesia

## How to prepare and what to expect

Your EUS procedure is scheduled for ________________, ________________, at _______ a.m. / p.m.

### How to Prepare

<table>
<thead>
<tr>
<th>7 Days Before</th>
<th>5 Days Before</th>
<th>On Procedure Day</th>
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<td><strong>Date:</strong></td>
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- **If you take blood-thinning medicines** such as Coumadin (warfarin) or Plavix (clopidogrel):
  - Call the doctor who prescribed these medicines.
  - Tell the doctor that you are having an endoscopic ultrasound (EUS), and the date of your procedure.
  - Ask for special instructions for your blood-thinning medicines.

- **Cancellations:** If you need to cancel or reschedule your procedure, please call 206.____________.

- **Transportation:** You must arrange for a responsible adult to take you home after your procedure.
  - You cannot drive on the day of your EUS. You cannot take a taxi or bus unless you have a responsible adult to ride with you.
  - **Your test may be cancelled if you arrive at the hospital without a responsible adult to drive you home.**
  - Your driver must be in our waiting room at the time of your discharge, about 2 hours after your appointment time.

- **If you have diabetes:**
  - Call the provider who manages your diabetes medicines.
  - Tell the provider that you are having an endoscopic ultrasound (EUS), and the date of your procedure.
  - Ask for special instructions for your diabetes medicines.

- **Do not eat anything after midnight** the night before your procedure.

- **As soon as you get up in the morning,** take your morning medicines with water.

- **Drink only water until 6 hours before your procedure.**

- **Starting 6 hours before your procedure, do not eat or drink anything.**

- Leave valuables at home, or keep them safe with your driver or escort

### What to bring to your appointment:

- Your driver or escort
- A list of all medicines you currently take
- Results of other tests (CT scans or X-rays)
- Photo ID, insurance care, and co-pay, if needed

### At the hospital:

You will need to remove all jewelry and piercings before the procedure. If possible, leave these at home.
What is an endoscopic ultrasound?
Ultrasound is a scan that uses sound waves to create pictures of the inside of your body. In an endoscopic ultrasound, a special tool called an endoscope is used to help the doctor place the ultrasound probe as close as possible to the area being scanned.

An endoscope is a flexible tube about the width of a little finger. This tube is placed into your mouth and moved down into your esophagus, stomach, and small intestine. The tube will not get in the way of your breathing.

What to Expect
• You will receive general anesthesia (sleeping medicine). This will make you sleep during the exam.
• This test will take only about 1 hour, but you will be in the hospital longer than that, to allow time for you to prepare for your EUS and recover afterward.

How do I get the test results?
When you wake up after the procedure, your doctor will talk with you about the results. If your results are not ready right after the EUS, we will tell you when you can expect to receive them.

Locations and Parking
Maps and parking rates are included with this handout.

Harborview Medical Center
GI Endoscopy Suite
Maleng Building, 8th Floor
410 Ninth Ave., Seattle, WA 98104
206.744.3519
Parking 24 hours a day, 7 days a week in the Ninth and Jefferson Garage (P2) off James and Terry.

University of Washington Medical Center
Digestive Disease Center
Surgery Pavilion, 3rd Floor
1959 N.E. Pacific St., Seattle, WA 98195
206.598.4377
From N.E. Pacific St., follow the signs to the Emergency Room. At the stop sign, enter the Surgery Pavilion Parking Garage on the left. After parking in the garage, take the elevator to the 3rd floor. Turn right into the Digestive Disease Center.

Questions?
Your questions are important. Please call if you have questions or concerns. Weekdays between 8 a.m. and 5 p.m., call the clinic where your EUS is scheduled. After hours and on weekends and holidays, call the Community Care Line at Harborview, 206.744.2500.