Being Referred

For a kidney/pancreas transplant

Preparing for Your First Visit

- A scheduling coordinator will call you to schedule your first visit. You will also be told who your transplant nurse coordinator is. Call this nurse if you have any questions.

My transplant nurse coordinator is: ________________________

Phone number: __________________________________________

My first visit is on ____________________

DAY DATE

at ______________.

TIME

- We will mail you a packet of information. The packet will contain a cover letter, this guide, a DVD of our transplant class, information about UWMC, and forms to fill out and return in the provided self-addressed stamped envelope. It also includes directions, maps and parking information. Please review the entire packet before your first visit.

- Send (or have your nephrologist’s office send) all of your medical reports for your pre-transplant workup to:

UWMC Transplant Services
Box 356174, 1959 N.E. Pacific St.
Seattle, WA 98195

Or, fax them to 206-598-2201.

- Bring your immunization records. If you are overdue for any shots, you will get them at your clinic visit. Before your transplant, you will also need these immunizations:
  - Heptovax – hepatitis B vaccination
  - Pneumonia
  - Flu
  - Tetanus
  - Hepatitis A
  - Shingles, for patients older than 60 years of age
If you have not been a patient at UWMC before, you will need to register. Go to the registration desk inside the main entrance before your visit. Allow about 30 minutes for the process. Or, you may call 206-598-4388 and register over the phone before your first visit.

Your first visit with the transplant team could take up to 4 or 5 hours. Plan to bring a support person to this visit. This person can be a family member or a friend.

**Your First Visit with the Transplant Team**

At your first visit, you will:

- Meet with your team, which includes a social worker, surgeon, your transplant nurse coordinator, and a dietitian.
- Learn more about transplants and how the system works regarding being accepted or not being accepted for placement on the transplant list.
- Review factors that will increase the success of your transplant.
- Have blood and urine tests.
- Give a detailed medical and social history.
- Receive immunizations if needed.

**My Questions for the Transplant Team**

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Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help.

Transplant Services:
206-598-8881