Gamma Knife Icon Mask-Based Treatments

How to prepare and what to expect

This handout explains how to prepare and what to expect during and after your gamma knife Icon mask-based treatments.

Your Treatments

• Your radiation oncology doctor will talk with you about how many treatments you will have and when.

• Please come to the Gamma Knife Center to have your mask created and for your treatments as scheduled.

Diet

You may eat and drink as usual before, during, and after your treatments.

Activity

During and after your treatments:

• You can do what you normally do.

• Remember you might feel extra tired.

Treatment Day

Every day before your treatment at the Gamma Knife Center, your doctor or nurse will ask if you:

• Have headaches

• Have trouble sleeping

• Feel sick to your stomach

• Have any problems that have gotten worse

Tell your nurse or doctor if you are having any problems like these.

Talk with your radiation oncology doctor if you have any questions about your treatments.
After Your Treatments Are Finished

- If you have concerns or questions, or if any problems get worse:
  - **Weekdays from 7 a.m. to 3 p.m.:** Call the Gamma Knife nurses at **206.744.8087** or **206.744.8067**.
  - **After hours and on weekends and holidays:** Call **206.598.6190** and ask for the Radiation Oncology resident on call to be paged.

- A Gamma Knife nurse will call you at home within 1 to 5 days to see how you’re doing.

- Gamma Knife or Alvord Brain Tumor Center care coordinators will call you when it is time to schedule your follow-up tests and visit.

**It is our pleasure caring for you. Call us if you have any questions!**

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**Questions?**

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

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