

## **Your Cardiac Transplant Team**

### *At University of Washington Medical Center*

*This section of the Heart Transplant Manual describes the members of your cardiac transplant team.*

#### **Advanced Registered Nurse Practitioners**

Your Advanced Registered Nurse Practitioner (ARNP) will provide your medical care in clinic before and after your transplant and when you are in the hospital. This team member will also assist with writing prescriptions and will order any tests you may need. Your ARNP will work closely with all members of your cardiac health care team.

#### **Cardiac Transplant Nurse Coordinator**

The Cardiac Transplant Nurse Coordinator will be your main contact throughout your transplant. This nurse will provide teaching, monitor lab results, and coordinate most aspects of your transplant care.

#### **Cardiologists or Transplant Doctor**

Your Cardiologist or Transplant Doctor managed your heart care before your transplant and now will manage your care after your transplant. This doctor does physical exams and assessments and will direct all aspects of your transplant care.

#### **Cardiac Surgeon**

Your Cardiac Surgeon will evaluate you for transplant. This doctor will also oversee all your surgical care during and right after your transplant.

#### **Social Worker**

You will meet with a Social Worker as part of your initial evaluation. Your Social Worker will provide ongoing support for you before and after your transplant. This team member will help you with insurance, transportation, and housing issues during your transplant process.

#### **Pharmacist**

The Transplant Pharmacist will teach you about your anti-rejection medicines to ensure you understand how to take these medicines before you are discharged from the hospital. The Transplant Pharmacist works closely with all team members to help manage your medicines.

## **Registered Dietitian**

You will meet with a Registered Dietitian as part of your transplant evaluation. This team member will continue to work with you after transplant to ensure you have good nutrition as you heal from your surgery. The Dietitian will also help you choose foods to help you stay at a healthy weight throughout your transplant process.

## **Pathologists**

Pathologists are specialized doctors who examine your tissue samples and provide your transplant team with biopsy and other tissue diagnosis results.

## **Infectious Disease Specialist**

An Infectious Disease Specialist will evaluate you before transplant to see if you need any vaccines updated and to screen you to prevent disease after your transplant. This team member will continue to work with you and your transplant team after your transplant to prevent illness and treat any disease you may develop.

## **Physical Therapist**

Your Physical Therapist will help you start moving again while you are in the hospital after your transplant. We encourage you to keep working with a Physical Therapist when you go home or to a cardiac rehab program.

## **Psychiatrist**

Your Transplant Psychiatrist will work with you as you go through your transplant evaluation process and the wait for your transplant. This team member will continue to work with you as you adjust to life after transplant.

## **Financial Counselors**

A team of Financial Counselors will ensure you have the financial resources to cover the cost of your transplant and your medicines after transplant.

## **Program Coordinator**

The Program Coordinator helps schedule tests and works with insurance companies, blood draw facilities, and other service providers outside of UWMC.

### **Questions?**

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Cardiology Clinic:  
Weekdays 8 a.m. to 5 p.m.,  
call 206-598-4300.

After hours and on weekends and holidays, call 206-744-2500. Say you are a heart transplant patient. A nurse will assess your problem and help you.