I-131 Tositumomab Bexxar® Therapy

Care instructions after treatment

Follow These Instructions

Right After Treatment

• Leave the building when you are done with treatment.

General Care

• Take Lugol’s iodine drops for 2 weeks.
• Drink plenty of fluids.
• Shower daily.
• Wash hands often.
• Keep dishes and utensils separated for 1 week. Wash them separately.
• Hold laundry (clothes, towels, sheets, etc.) for 1 week before washing it. After holding it for 1 week, launder all of your items separately from the household’s laundry.
• Show these instructions to any doctor or healthcare provider you see for care.
• Before any blood draw, tell Lab staff of your recent treatment.
Contact with Others

- Maintain a distance of at least 6 feet from others, whenever possible.
- Sleep in a separate bed at least 6 feet away from another person.
- Do not take trips longer than 4 hours sitting near others. This includes travel by car, bus, train, ferry, boat, and plane.
- When taking short trips, during the time of restricted travel, sit as far as possible from others. Radiation alarms at ports and border crossings might be triggered. Carry a letter that explains your treatment with radioactivity. Ask your nurse or nuclear medicine staff for a letter, if needed.
- Avoid contact with pregnant women, infants and children.

Personal Hygiene

- Have the sole use of a bathroom, if possible.
- Use separate towels and washcloths from the rest of the household.
- Do not share a toothbrush with anyone.
- Avoid using disposable items that cannot be flushed down the toilet.
- Sit while urinating and then flush the toilet 3 times, with the lid down.
- Women who are menstruating should use tampons that can be flushed down the toilet.

About Medications

Please review the information on the drug information handout about drug-drug interactions. If you have questions about your medications, please ask your nurse or doctor.
Questions?

Call ______________
__________________
__________________
__________________

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC Clinic staff are also available to help at any time.

Consent for Treatment

I have reviewed these care instructions. I understand and accept them before starting treatment.

Patient/Guardian Signature: ____________________

Date: ____________________

For Questions and Concerns

Nurse: ____________________

Phone: ____________________

<table>
<thead>
<tr>
<th>Call for Problems</th>
<th>Transplant Patients</th>
<th>General Oncology Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 a.m. to 12 midnight</td>
<td><strong>206-288-7600</strong> Adult and Pediatric</td>
<td><strong>206-288-7400</strong></td>
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<tr>
<td>12 midnight to 8 a.m.</td>
<td><strong>206-598-8902</strong> Adult <strong>206-987-2032</strong> Pediatric</td>
<td><strong>206-598-6190</strong> Ask for the Oncology Fellow/Resident On-call</td>
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NOTE: If staff has questions, the phone numbers for the Radiation Safety Officer are:

8 a.m. to 4:30 p.m. ..... 206-288-2154

After hours................. 206-598-6190 (Ask for the Radiation Safety Officer on call.)