Patient Education
University Reproductive Care

IVF Egg Retrieval
What to expect on the day of your egg retrieval

Day After Your HCG Injection
- Come to University of Washington Medical Center to have your blood drawn by 9 a.m. Please bring your marked lab slip with you.
  - On weekdays, you may have your blood drawn at the Roosevelt Clinic lab (4245 Roosevelt Way N.E.) or the hospital (1959 N.E. Pacific Street).
  - On weekends, you must go to the lab at the hospital.
- University Reproductive Care staff will call you in the afternoon to confirm your retrieval time the next day.
- Do not eat or drink anything after midnight, including chewing gum, breath mints, or hard candy.

Day of Egg Retrieval
- Do not eat or drink anything the morning of your egg retrieval. You may brush your teeth, but do not swallow water.
- If you usually take medicines in the morning, you will receive instructions about whether or not to take them. You may be asked to wait to take them until after your retrieval.
- Shower or bathe as usual.
- Do not wear any scented products such as hair gel, cologne, or lotion.
- Plan to arrive 45 minutes before your retrieval time.
- Bring these medicines with you to your retrieval appointment: Doxycycline, Methylprednisolone, Vicodin, Crinone, and Estradiol.
- Check in at the Women’s Health Care Center on the 3rd floor at 4245 Roosevelt Way NE, Seattle. Please bring a photo ID with you. A staff member will meet you and take you to the 1st floor procedure area.

This handout gives information about what will happen on the day of your egg retrieval.
Questions?

Your questions are important. Call your doctor or other UWMC health care provider if you have questions or concerns.

University Reproductive Care: 206-598-4225

Website: http://depts.washington.edu/obgyn/URC

- Be on time for your appointment! A delay in the procedure could affect your chance of success.
- Your partner (or donor) will need to collect a fresh semen sample at home on the morning of your retrieval. You will receive a home collection kit for this. The specimen should be collected as close as possible to the time you leave for your appointment.

If he is unable to collect a sample by the time you leave, please call 206-598-6190 and ask to have the Gynecology resident on call paged right away. The resident will tell you what to do.

In the Procedure Area

- You will be taken to a recovery area. You will return to this area after your procedure.
- You will be asked to change into a patient gown, head cover, and foot covers. Bring socks to keep your feet warm. You will have an identification band placed around your wrist.
- A registered nurse (RN) will interview you and ask you to sign your procedure consent form.
- You will talk with an anesthesiologist, the doctor who will give you medicine that will block pain.
- You will have an intravenous line (IV) started. This will be used to deliver medicine into your bloodstream.
- At the scheduled time, you will be taken to the procedure room. To make sure sterile conditions are maintained, your partner may not go with you into the procedure room. Your partner will be asked to wait in the lobby area on the 1st floor near the lab and pharmacy.
- Do not have any other family members come with you to this appointment.

Right After the Retrieval

- You will be taken back to the recovery area, where you will be watched to make sure there are no problems. Recovery takes about 30 to 60 minutes. You will be able to go home after that.
- Before you leave, we will tell you how many eggs were retrieved.